



# Recent and important issues in psychiatric practice & knowledge

Under patronage of Colonel General

**Sedki Sobhi**

Commander-in-Chief of The Armed forces,  
The Minister of Defense and Military Production

Honorary President of congress

**Maj. Gen. Dr. Mustafa Abo Hatab**

**Maj. Gen. Dr. Ahmed El Tawdy**

President of congress

**Maj. Gen. Dr. Mohamed Reda El Feky, M.D.**

Secretary General of congress

**Brig. Gen. Dr. Maged Bahi El Din**

4<sup>th</sup> -6<sup>th</sup> May, 2016 - Military Medical Academy

## Welcome Message



The Third Annual Congress of Psychiatry of the Armed Forces will be more advanced, more dynamic and more Fruitful than before, because of your motivated attendance and participation.

Under the title of «Recent and Important issues in Psychiatric Practice & knowledge» the Congress will be turned on.

Issues going on well with recent societal, political and conflictual events passing by the world including our country are surely expected.

All those working in the field who are interested are invited with great pleasure and honor for this Congress.

Waiting for your work, suggestions, expectations, recommendations and also your comments.

**Much Thanks**

Maj. Gen. Dr.

**Mohamed Reda El-Fiky , M.D.**

Head of Psychiatric Dep. Of Military  
Medical Academy and the Congress President

## Recent and important issues in psychiatric practice & knowledge

### Conference Guest

Prof. Dr. Ahmed Okasha



### Secretary General Of The Conference

Brig. Gen. Dr. Maged Bahi El Din



### Scientific Committee

Brig. Gen. Dr. Hosni Abdallah

Col. Dr. Mohamed Diab

Let.col. Dr. Ahmed Elsherbiny

### Organizing Committee

Col. Dr. Ehab Elbaz

Let. Col. Dr. Ayman Elwakeel

Let. Col. Dr. Ehab Salah

### Advisory board

All Names Arranged Alphabetically

Abd El Naser Omar

Afaf Hamed

Ahmed Abd Al latif

Ahmed Dobeia

Ahmed Saad

Amani Haroun

Hanan Al Shenawi

Hanan Azzam

Hany Hamid

Hashim Bahary

Hisham Ramy

Huda Salama

Hussain Morsi

Lamis El Raeeey

Magda Fahmy

Mahmoud Hammouda

Mai Eissa

Mohammed Al Gabry

Mohammed El Mahdi

Mohammed Ezzat Arafa

Mohamed Ghanem

Mohamed El Hamady

Mohamed Ramadan

Mohamed Refat El-Feki

Momtaz Abdel Wahab

Moustafa Kamel

Mona Mansour

## Recent and important issues in psychiatric practice & knowledge

Mustafa Omar Shahin  
Naser Al Maghraby  
Riham Abd El Samie  
Safiaa Effat  
Said Abd El Azim

Salah Al kotby  
Tarek Asaad  
Tarek Molokhia  
Tarek Okasha  
Victor Samy

Wafaa El Bahaey  
Waheed Mohamed Ahmed  
Yehia Al Rakhawy  
Yousry Abd El Mohsen  
Zainab Bishry

### Main Topics

- 1- Practice of Psychiatry in military settings.
- 2- Pros and cons of mental health law No. 71 in Egypt.
- 3- Effects of revolution on Egyptian mental health.
- 4- The relation between psychiatry and some branches of medicine.
- 5- Worthiness of Psychological assessment in Psychiatric Practice.
- 6- The biological therapies and cognitive behavioral therapy, alternatives or completing each other?
- 7- Mental health changes of donors & recipients after transplantations.
- 8- Arts & sports in management of mental illness.
- 9- Criticizing recent classifications.
- 10- Updates in child psychiatry.
- 11- Updates in old age psychiatry.
- 12- Highlighting important points in addiction medicine.

Recent and important issues in  
psychiatric practice & knowledge

## Program At A Glance

Wednesday 4th May 2016			
08:00 – 09:00		Registration	
09:00 – 10:30		Opening Ceremony	
Time	Hall A	Hall B	Hall C
10:30 – 11:30	<p><b>Plenary Session : Future of Psychiatry</b> Chairmen Maj. Gen. Dr. Mohamed Reda Elfeki Prof. Momtaz Abdel Wahab Prof. Ahmed Saad Prof. Hisham Ramy Speakers Prof. Ahmed Okasha</p>		
11:30 – 01:30	<p><b>Session I</b> Mega I: Experts Collection Chairmen Maj. Gen. Dr. Hussein Morsy Bri. Gen. Dr. Maged Bahieldin Prof. Nahla Nagy Prof. Mohamed Elhamady</p> <p>Recovery in Psychiatry Prof. Ahmed Saad Suicide Prof. Abd El Nasser Omer CBT: Past, Present and Future Prof. Hisham Ramy Biology of PTSD Prof. Hani Hamed</p>	<p><b>Session I</b> Mega I: Experts Collection Chairmen Maj. Gen. Dr. Mohamed Elgabry Maj. Gen. Dr. Elnasir Elmaghraby Prof. Ahmed Abdelatef Prof. Mohamed Elgamal</p> <p>Translational Psychiatry from bench to bedside : Focus on depression Prof. Afaf Hamed Khalil Diagnosis and Management of Late life Depression Prof. Magda Fahmy Rediscovering factitious Disorders Prof. Mohamed Refaat Elfiky Violence Among Psychotic and substance dependence patients Prof. Hashem Bahary</p>	<p><b>Session I</b> New Research Chairmen أ.د. / محمد نجيب الصبوة أ.د. / وفاء حجاج أ.د. / منى عيسى</p> <p>فعالية برنامج معرفى سلوكى لتحسين نوعية حياة امهات أطفال التوحد أ.د. / السيد كمال ريشة</p> <p>Drug Addiction: An epidemiological study risk factors and impacts on addiction in Gharbeya governorate Dr. Ashraf Sanad</p> <p>الاعتماد على الكحول كأحد أعراض التجنب لدى مرضى اضطراب كرب ما بعد الصدمة. دراسة تحليلية وصفية</p>

## Recent and important issues in psychiatric practice & knowledge

Wednesday 4th May 2016

Time	Hall A	Hall B	Hall C
			<p>بالاعتماد على منهج دراسة الحالة الفريدة أ.م.د. /النايعة فتحي محمود أ/وقبه محمد نور الدين Comorbidity of obsessive compulsive disorders and bipolar disorders Dr. Ashraf Sanad</p>

01:30 – 02:00



Coffee Break

02:00 – 04:00	<p><b>Session II</b> الأعلام و المخدرات Chairmen لواء طبيب / محمد رضا عبد الرؤوف أ.د. / فيكتور سامي أ.د. / هاني حامد المتحدثون أ.د. / عمرو عثمان مدير صندوق مكافحة و علاج الإدمان و التعاطي أ / عصام يوسف كاتب و روائي</p>	<p><b>Session II</b> Genetics Chairmen Prof. Magda Fahmy Prof. Mohamed Refaat El Fiky Prof. Mohamed Ezzat Arafa  Can we modify our inheritance ? Prof. Wafaa El-Bahaey Genetics in obsessive compulsive disorder Prof. Nahla Nagy Communication issues in genetic counselling Prof. Salwa Tobar Genetic and molecular approach in psychiatric disorders Dr. Nashwa Elkhazragy</p>	<p><b>Session II</b> Psychotherapy Chairmen Bri. Gen. Dr. Maged Bahieldin Prof. Adel Medany Prof. Hussein Elshekh  CBT in couples therapy, roadmap to relationship therapy Dr. Reham Aly Early behavioral modification could guard against future psychosis Dr. Shaimaa Abdelattif Functional family therapy for adolescents with externalizing disorders: Focused on early FFT sessions Dr. Doaa El Hariry</p>
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## Recent and important issues in psychiatric practice & knowledge

Thursday 5<sup>th</sup> May, 2016

Time	Hall A	Hall B	Hall C
10:30 – 11:30	<p><b>Session V</b> Psychopathology Chairmen Prof. Ahmed Saad Prof. Mohamed Mahdy Prof. Azza Elbakry</p> <p>Psychopathology of Terrorism Maj. Gen. Dr. Mohamed Reda El Feki Emotional regulation and psychopathology Prof. Hanan Azzam</p>	<p><b>Session VI</b> Personality Disorders Chairmen Prof. Ehab Ramadan Bri. Gen. Dr. Hosni Awad Dr. Alaa Farghaly</p> <p>Neurobiology of borderline Personality disorder and its implication for treatment Prof. Wafaa Hagag Systematic review of Egyptian Psychiatric studies on personality Disorders Prof. Nivert Zaki</p>	
11:30 – 01:30	<p><b>Session VI</b> 11:30-01:30 Mega Session Part I: Experts Collection Chairmen Maj. Gen. Dr. Hussein Morsy Prof. Wafaa Hagag Prof. Mohamed Mahdy</p> <p>Beyond depression: 5HT and NE dysregulation Prof. Abdelhamid Hashem Meet the Expert Prof. Tarek Assad Psychological aspect of burn patients Dr. Alaa Farghaly PTSD Dr. Wagdy Saad</p>	<p><b>Session VI</b> 11:30-12:30 Sponsored by Janssen Industry Symposium Chairmen Bri. Gen. Dr. Maged Bahieldin</p> <p>Shaping the future of Schizophrenia Management Prof. Ahmed Saad</p>	



## Recent and important issues in psychiatric practice & knowledge

**Thursday 5<sup>th</sup> May, 2016**

Time	Hall A	Hall B	Hall C
12:30 – 01:30		<p><b>Session VII</b>                      Psychopharmacology                      Chairmen                      Prof. Said Abdel Azim                      Maj. Gen. Dr.                      Mohamed Reda Elfeki                      Prof. Eman Abo El Ella</p> <p>Pharmacogenetics in                      Psychiatry                      Prof. Ehab Ramadan                      Black Box Warning: Is it a                      problem or a Solution                      Prof. Ghada A. M. Hassan</p>	

**01:30 – 02:00**



**Coffee Break**

02:00 – 04:00	<p><b>Session VIII</b>                      02:00-03:00                      Sexuality                      Chairmen                      Prof. Wafaa El Bahaey                      Prof. Mohamed Abd El Hay                      Maj. Gen. Dr. Elnasir El Maghraby</p> <p>Gender dysphoria                      Prof. Said Abdel Azim                      Homosexuality CBT, An                      Arabic experience                      Prof. Wael Abou Hendy</p>	<p><b>Session VIII</b>                      02:00-04:00                      Addiction                      Chairmen                      Prof. Maha Wasfi                      Prof. Hashem Bahary                      Maj. Gen. Dr. Ayman Salama                      Dr. Ahmed Dobeaa</p> <p>Substance use disorders                      among women                      of reproductive Age                      Prof. Mai Eissa                      Bridging the gap between                      research and                      practice in addiction                      medicine                      Prof. Amany Haroun                      Elrasheed                      National Economy and                      addiction                      Prof. Yasser Abdel Razeq                      Principles of group work in                      addiction                      Ass. Prof. Soheir Elghonemy</p>	
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## Recent and important issues in psychiatric practice & knowledge

Thursday 5<sup>th</sup> May, 2016

Time	Hall A	Hall B	Hall C
03:00 – 04:00	<p><b>Session IX</b> ADHD Chairmen Prof. Zeinab Bishry Prof. Lamis Elraey Bri. Gen. Dr. Maged Bahieldin</p> <p>Issues in changes of ADHD in early adulthood: Clinical Perspective Prof. Eman Abo El Ella Treatment of Adults with ADHD Ass. Prof. Taghreed Elshafie</p>		
04:00 – 05:30	<p><b>Workshop I</b> Smoke-Free Health Facilities Chairmen Bri. Gen. Dr. Maged Bahieldin Prof. Yasser Abdel Razek Moderators Prof. Gihan El-Nahas Dr. Hussein El Kholy Dr. Mayar Nawara</p>	<p><b>Workshop I</b> Assessment of Clients with substance use Chairmen Bri. Gen. Dr. Hosni Awad Ass. Prof. Soheir Elghonemy Moderators Ass. Prof. Mohamed Adel El-Hadidy</p>	
05:30 – 06:00	 Lunch		

## Recent and important issues in psychiatric practice & knowledge

**Friday 6<sup>th</sup> May, 2016**

Time	Hall A	Hall B	Hall C
09:00 – 10:30	<p><b>Session X</b> Early Career Military Psychiatrists Chairmen Maj. Gen. Dr. Mohamed Reda Elfeki Bri. Gen. Dr. Maged Bahieldin Bri. Gen. Dr. Hosni Awad</p> <p>Adjustment stress disorder Cap. Dr. Ahmed Abdelgawad Concept of recovery in addiction Ft. Lut. Dr. Ahmed Alaa 10:00 – 10:30 Management of Agitation and violence in a psychiatric Patient Ft. Lut. Dr. Mustafa Elnaem</p>	<p><b>Workshop II</b> التدخلات العلاجية المبكرة في الإساءة الجنسية للأطفال Chairmen أ.د./ كمال السيد ريشة أ.د./ سلوى طوبار مقدم الورشة د/ وليد صلاح محمد عبد المنعم</p>	
10:30 – 12:00	<p><b>Workshop III</b> Non Violent Communication التواصل بتراحم Chairmen Maj. Gen. Dr. Mohamed Reda Elfeki Bri. Gen. Dr. Hosni Awad Prof. Mona Elrakhawy Moderator Dr. Ahmed Dobeia</p>	<p><b>Workshop III</b> Soft Skills Chairmen Maj. Gen. Dr. Hussein Morsy Bri. Gen. Dr. Maged Bahieldin</p> <p>Negotiation Skills Prof. Mohamed Ghanem Communication Skills Col. Dr. Ehab Elbaz</p>	
12:00 – 01:00	 <p style="color: #008080; font-weight: bold;">Gomaa Prayer &amp; Coffee Break</p>		
10:30 – 12:30	<p><b>Workshop IV</b> العلاج المعرفى الأنفعالى لإضطراب القلق   أسلوب علاجي جديد Chairmen Prof. Mohamed Ghanem Prof. Mai Eissa مقدم الورشة د/ أحمد هارون</p>	<p><b>Workshop IV</b> التحكم بالذات Chairmen Maj. Gen. Dr. Mohamed Reda Elfeki Bri. Gen. Dr. Hosni Awad مقدم الورشة عقيد طبيب / محمد عبد الكريم دياب</p>	

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**Registration**

 08:00 – 09:30

**Opening Ceremony**

 09:30 – 10:30

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Hall A



10:30 – 11:30

Plenary Session : Future of Psychiatry

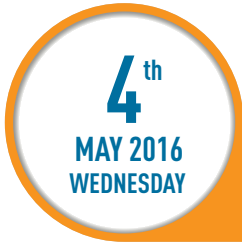
#### Chairmen

Maj. Gen. Dr. Mohamed Reda Elfeki  
Prof. Momtaz Abdel Wahab  
Prof. Ahmed Saad  
Prof. Hisham Ramy

#### Speakers

Prof. Ahmed Okasha

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Hall A

Session I

Mega Session I: Experts Collection



11:30 – 01:30

Chairmen

Maj. Gen. Dr. Hussein Morsy  
Bri. Gen. Dr. Maged Bahieldin  
Prof. Nahla Nagy  
Prof. Mohamed Elhamady

11:30 – 12:00	Recovery in Psychiatry Prof. Ahmed Saad
12:00 – 12:30	Suicide Prof. Abd El Nasser Omer
12:30 – 01:00	CBT: Past, Present and Future Prof. Hisham Ramy
01:00 – 01:30	Biology of PTSD Prof. Hani Hamed



Coffee Break

01:30 – 02:00

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**Hall B**

**Session I**

**Mega Session II: Experts Collection**



11:30 – 01:30

**Chairmen**

Maj. Gen. Dr. Mohamed Elgabry  
Maj. Gen. Dr. Elnasir Elmaghraby  
Prof. Ahmed Abdelatef  
Prof. Mohamed Elgamal

11:30 – 12:00	Translational Psychiatry from bench to bedside : Focus on depression <b>Prof. Afaf Hamed Khalil</b>
12:00 – 12:30	Diagnosis and Management of Late life Depression <b>Prof. Magda Fahmy</b>
12:30 – 01:00	Rediscovering factitious Disorders <b>Prof. Mohamed Refaat Elfiky</b>
01:00 – 01:30	Violence Among Psychotic and substance dependence patients <b>Prof. Hashem Bahary</b>




**Coffee Break**

01:30 – 02:00

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Hall C  
Session I  
New Research

 11:30 – 01:30

Chairmen

أ.د / محمد نجيب الصبوة  
أ.د / وفاء حجاج  
أ.د / مى عيسى

- 11:30 – 12:00 فعالية برنامج معرفى سلوكى لتحسين نوعية حياة امهات أطفال التوحد  
أ.د / السيد كمال ريشة
- 12:00 – 12:30 Drug Addiction: An epidemiological study risk factors and impacts on  
addiction in Gharbeya governorate  
Dr. Ashraf Sanad
- 12:30 – 01:00 الاعتماد على الكحول كأحد أعراض التجنب لدى مرضى اضطراب كرب ما  
بعد الصدمة . دراسة تحليلية وصفية بالاعتماد على منهج دراسة الحالة  
الفردية  
أ.م.د / النابغة فتحى محمود  
أ / وهبه محمد نور الدين
- 01:00 – 01:30 Comorbidity of obsessive compulsive  
disorders and bipolar disorders  
Dr. Ashraf Sanad



Coffee Break

01:30 – 02:00



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Hall A

Session II

الإعلام و المخدرات



02:00 – 04:00

Chairmen

لواء طبيب / محمد رضا عبد الرؤوف  
أ.د / فيكتور سامى  
أ.د/ هانى حامد الدسوقى

Speakers

أ/ عمرو عثمان  
مدير صندوق مكافحة و علاج الإدمان و التعاطى

أ / عصام يوسف  
كاتب و روائى

Recent and important issues in  
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Hall B

Session II  
Genetics



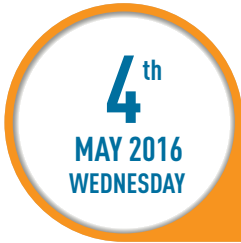
02:00 – 04:00

Chairmen

Prof. Magda Fahmy  
Prof. Mohamed Refaat El Fiky  
Prof. Mohamed Ezzat Arafa

02:00 – 02:30	Can we modify our inheritance ? Prof. Wafaa El-Bahaey
02:30 – 03:00	Genetics in obsessive compulsive disorder Prof. Nahla Nagy
03:00 – 03:30	Communication issues in genetic counselling Prof. Salwa Tobar
03:30 – 04:00	Genetic and molecular approach in psychiatric disorders Dr. Nashwa Elkhazragy

## Recent and important issues in psychiatric practice & knowledge



### Hall C Session II Psychotherapy

 02:00 – 04:00

#### Chairmen

Bri. Gen. Dr. Maged Bahieldin  
Prof. Adel Medany  
Prof. Hussein Elshekh

- |               |   |
|---------------|---|
| 02:00 – 02:40 | CBT in couples therapy, roadmap to relationship therapy<br><b>Dr. Reham Aly</b>   |
| 02:40– 03:20  | Early behavioral modification could guard against future psychosis<br><b>Dr. Shaimaa Abdelattif</b>                                   |
| 03:20 – 04:00 | Functional family therapy for adolescents with externalizing disorders:<br>Focused on early FFT sessions<br><b>Dr. Doaa El Hariry</b> |

Recent and important issues in  
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Hall A

Session III

Marital Therapy Workshop



04:00 – 05:30

Chairmen

Dr. Ahmed Dobeia  
Prof. Samir Abolmagd

04:00 – 05:30

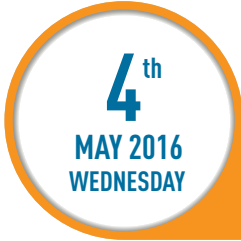
Marital Therapy in Egypt: Practice, Obstacles and Beyond  
Dr. Ibrahim Hamdey  
Dr. Dalia Asfour



Lunch

05:30 - 06:00

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**Hall B**

**Session III**

**New Trends in psychiatry**



04:00 – 05:30

**Chairmen**

Bri. Gen. Dr. Hosni Awad  
Dr. Reham Aly

- |               |  |
|---------------|--|
| 04:00 – 04:30 | The role of oxytocin as a new therapeutic modality<br>Ass. Prof. Eman El Sheshtawy |
| 04:30 – 05:00 | Updates in Wearable technology for sleep tracking<br>Dr. Nevin Zaki                |
| 05:00 – 05:30 | Internet addiction<br>Dr. Shymaa Arafa   |



**Lunch**

05:30 - 06:00

Recent and important issues in  
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4<sup>th</sup>

MAY 2016  
WEDNESDAY

Hall C

Session III

Social and Political Issues



04:00 – 05:30

Chairmen

لواء طبيب / أبو الحماید حسن أبو الحماید  
عمید طبيب / ماجد بهی الدین

04:00 – 04:45

جرائم العنف ضد المرأة من المنظور الأمني و النفسی  
رائد طبيب / رحاب عبد اللطیف

04:45 – 05:30

الحرب النفسية و أثرها على الأمن القومي  
د. هشام دسوقي



Lunch

05:30 - 06:00

Recent and important issues in  
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Hall A

Session IV

Art and Sport



09:00 – 10:30

Chairmen

Prof. Abdelhamid Hashem

Prof. Nivert Zaki

Bri. Gen. Dr. Maged Bahieldin

09:00 – 09:30

العلاج بالفن التشكيلي بين التلقائية و الأكاديمية  
أ.د / عادل بدر

09:30 – 10:00

Exercise, the safest and cheapest antidepressant  
Prof. Mohamed Mahdy

10:00 – 10:30

Role of arts and sports in Psychotherapy  
Dr. Dalia A. Moneim

Recent and important issues in  
psychiatric practice & knowledge



**Hall B**

**Session IV**

**Military Psychiatry**



**09:00 – 10:30**

**Chairmen**

Prof. Mostafa Kamel  
Prof. Yousry Abdelmohsen  
Prof. Mostafa Shaheen

09:00 – 09:30

Psychiatric Aspect of terrorism  
**Maj. Gen. Dr. Waheed Mohamed**

09:30 – 10:00

Battle Stress, Lessons learned from previous wars  
**Maj. Gen. Dr. Elnasir Elmaghraby**

10:00 – 10:30

Adjustment disorders & aviators  
**Bri. Gen. Dr. Maged Bahieldin**



Recent and important issues in  
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Hall A

Session V

Psychopathology



10:30 – 11:30

Chairmen

Prof. Ahmed Saad  
Prof. Mohamed Mahdy  
Prof. Azza Elbakry

10:30 – 11:00

Psychopathology of Terrorism  
Maj. Gen. Dr. Mohamed Reda El Feki

11:00 – 11:30

Emotional regulation and psychopathology  
Prof. Hanan Azzam

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Hall B

Session V

Personality Disorders



10:30 – 11:30

Chairmen

Prof. Ehab Ramadan  
Bri. Gen. Dr. Hosni Awad  
Dr. Alaa Farghaly

10:30 – 11:00

Neurobiology of borderline Personality disorder and its implication for treatment  
Prof. Wafaa Hagag

11:00 – 11:30

Systematic review of Egyptian Psychiatric studies on personality Disorders  
Prof. Nivert Zaki



Hall A

Session VI

Mega Session Part III: Experts Collection



11:30 – 01:30

### Chairmen

Maj. Gen. Dr. Hussein Morsy  
Prof. Wafaa Hagag  
Prof. Mohamed Mahdy

11:30 – 12:00	Beyond depression: 5HT and NE dysregulation Prof. Abdelhamid Hashem
12:00 – 12:30	Meet the Expert Prof. Tarek Assad
12:30 – 01:00	Psychological aspect of burn patients Dr. Alaa Farghaly
01:00 – 01:30	PTSD Dr. Wagdy Saad

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Hall B

Session VI

Industry Symposium



11:30 – 12:30

Chairmen

Bri. Gen. Dr. Maged Bahieldin



11:30 – 12:30

Shaping the future of Schizophrenia Management  
Prof. Ahmed Saad

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**Hall B**

**Session VII**

**Psychopharmacology**



12:30 – 01:30

**Chairmen**

Prof. Said Abdel Azim

Maj. Gen. Dr. Mohamed Reda Elfeki

Prof. Eman Abo El Ella

12:30 – 01:00

Pharmacogenetics in Psychiatry

**Prof. Ehab Ramadan**

01:00 – 01:30

Black Box Warning: Is it a problem or a Solution

**Prof. Ghada A. M. Hassan**



**Coffee Break**

01:30 – 02:00

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Hall A

Session VIII

Sexuality



02:00 – 03:00

Chairmen

Prof. Wafaa El Bahaey

Prof. Mohamed Abd El Hay

Maj. Gen. Dr. Elnasir El Maghraby

02:00 – 02:30

Gender dysphoria

Prof. Said Abdel Azim

02:30 – 03:00

Homosexuality CBT, An Arabic experience

Prof. Wael Abou Hendy



**Hall B**

**Session VIII**

**Addiction**



02:00 – 04:00

### Chairmen

Prof. Maha Wasfi

Prof. Hashem Bahary

Maj. Gen . Dr. Ayman Salama

Dr. Ahmed Dobeia

02:00 – 02:30

Substance use disorders among women of reproductive Age

**Prof. Mai Eissa**

02:30 – 03:00

Bridging the gap between research and practice in addiction medicine

**Prof. Amany Haroun Elrasheed**

03:00 – 03:30

National Economy and addiction

**Prof. Yasser Abdel Razek**

03:30 – 04:00

Principles of group work in addiction

**Ass. Prof. Soheir Elghonemy**

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Hall A

Session IX  
ADHD



03:00 – 04:00

Chairmen

Prof. Zeinab Bishry

Prof. Lamis Elraey

Bri. Gen. Dr. Maged Bahieldin

03:00 – 03:30

Issues in changes of ADHD in Early Adulthood : Clinical Perspective  
Prof. Eman Abo El Ella

03:30 – 04:00

Treatment of Adults with ADHD  
Ass. Prof. Taghreed Elshafie





Hall A

Workshop I  
Smoke-Free Health Facilities

 04:00 – 05:30

#### Chairmen

Bri. Gen. Dr. Maged Bahieldin  
Prof. Yasser Abdel Razek

#### Moderators

Prof. Gihan El-Nahas  
Dr. Hussein El Kholy  
Dr. Mayar Nawara



Lunch

05:30 - 06:00

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**Hall B**



04:00 – 05:30

**Workshop I**

Assessment of Clients with substance use

**Chairmen**

Bri. Gen. Dr. Hosni Awad  
Ass. Prof. Soheir Elghonemy

**Moderator**

Ass. Prof. Mohamed Adel El-Hadidy



Lunch

05:30 - 06:00

Recent and important issues in  
psychiatric practice & knowledge



Hall A

Session X

Early Career Military Psychiatrists



09:00 – 10:30

Chairmen

Maj. Gen. Dr. Mohamed Reda Elfeki  
Bri. Gen. Dr. Maged Bahieldin  
Bri. Gen. Dr. Hosni Awad

09:00 – 09:30

Adjustment disorder  
Cap. Dr. Ahmed Abdelgawad

09:30 – 10:00

Concept of recovery in addiction  
Ft. Lut. Dr. Ahmed Alaa

10:00 – 10:30

Management of Agitation and violence in a psychiatric Patient  
Ft. Lut. Dr. Mustafa Elnaem

Recent and important issues in  
psychiatric practice & knowledge



**Hall B**

 09:00 – 10:30

**Workshop II**

التدخلات العلاجية المبكرة فى الإساءة الجنسية للأطفال

**Chairmen**

أ.د / كمال السيد ريشة

أ.د / سلوى طوبار

مقدم الورشة

د / وليد صلاح محمد عبد المنعم

Recent and important issues in  
psychiatric practice & knowledge



Hall A

 10:30 – 12:00

Workshop III  
Non Violent Communication  
التواصل بتراحم

Chairmen

Maj. Gen. Dr. Mohamed Reda Elfeki  
Bri. Gen. Dr. Hosni Awad  
Prof. Mona Elrakhawy

Moderator

Dr. Ahmed Dobeaa

12:00 – 01:00



Gomaa Prayer & Coffee Break

Recent and important issues in  
psychiatric practice & knowledge



**Hall B**

**Workshop III**  
Soft Skills



10:30 – 12:00

**Chairmen**

Maj. Gen. Dr. Hussein Morsy  
Bri. Gen. Dr. Maged Bahieldin

10:30 – 11:15

Negotiation Skills  
Prof. Mohamed Ghanem

11:15 – 12:00

Communication Skills  
Col. Dr. Ehab Elbaz

12:00 – 01:00



Gomaa Prayer & Coffee Break

Recent and important issues in  
psychiatric practice & knowledge



Hall A



01:00 – 02:30

Workshop IV

العلاج المعرفى الأنفعالى لإضطراب القلق (إسلوب علاجى جديد)

Chairmen

Prof. Mohamed Ghanem  
Prof. Mai Eissa

مقدم الورشة  
د / أحمد هارون

Recent and important issues in  
psychiatric practice & knowledge



**Hall B**

**Workshop IV**

التحكم بالذات



01:00 – 02:30

**Chairmen**

Maj. Gen. Dr. Mohamed Reda Elfeki  
Bri. Gen. Dr. Hosni Awad

مقدم الورشة

عقيد طبيب / محمد عبد الكريم دياب



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