



Egyptian Arthroscopy Association EGAA 2017

Instruction Course Lecture
on Multi Ligament Injured Knee

Emeritus President of the EGAA
Prof. Ahmed Abdel Aziz

President of The EGAA & Course
Prof. Hossam El Shafei

Honorary President of The EGAA
Scientific Program Chairman
Prof. Adel Hamed

Course Organizer
Dr. Mohamed Aboelnour

16th - 17th of November 2017
The National Training Institute, Cairo



16th

November 2017
Thursday

Opening welcome

09:00 - 09:15 Prof. Adel Hamed - Prof. Ahmed Abdel Aziz - Prof. Hossam El Shafei

Session 1 Multi ligament injured knee

Chairman Prof. Ahmed Abdel Aziz - Prof. Ahmed El Saeed - Prof. Tarek Khalil

09:15 - 09:30	Classification of Knee dislocation.	Tarek Khalil
09:30 - 09:45	Clinical examination of MLI pitfalls of diagnosis.	Ahmed Abdel Aziz
09:45 - 10:00	Radiological assessment of MLI Knee.	Mamdouh Mahfouz
10:00 - 10:15	Strategy of Management.	Ahmed El Saeed
10:15 - 10:30	Graft Options	Ihab Ramadan
10:30 - 10:45	Discussion	
10:45 - 11:15	Coffee Break	

Session 2 Common combination: ACL/ MCL

Chairman Prof. Adel Hamed - Prof. Ezzat Kamel - Prof. Hossam Nagy

11:15 - 11:30	ACL Anatomy and function.	Faisal Elsherief
11:30 - 11:45	Medial ligament anatomy and function	Ezzat Kamel
11:45 - 12:00	Anteromedial rotatory Instability	Hossam Nagy
12:00 - 12:15	ACL/MCL Strategy of management.	Abd Elrhman Elganiny
12:15 - 12:30	Repair technique and results.	Ahmed Hany
12:30 - 12:45	Reconstruction techniques and results.	Moheb Fadel
12:45 - 01:00	Discussion	

Session 3 Common Association: PCL /PLC instability.

Chairman Prof. Hisham Elkady - Prof. Maher Ellassal - Prof. Roshdy Elsallab

01:00 - 01:15	PCL/PLC Anatomy and function.	Maher Ellassal
01:15 - 01:30	Acute injury what to do and when?	Mohammed sobhy
01:30 - 01:45	Combined PCL/PLC what to do:PCLR alone or PLCR alone or both	Roshdy Elsallab
01:45 - 02:00	ALL Arthroscopic Reconstruction.	Mohamed Aboelnour
02:00 - 02:15	PCL Bony Avulsions	Hisham Elkady
02:15 - 02:30	Discussion	
02:30 - 03:30	Lunch	

Session 4 ACL/PCL injury: with medial or posterolateral injury

Chairman Prof. Ayman Ebied - Prof. Safwat Shalaby - Prof. Younes Akl

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03:30 - 03:45	Acute injury: treatment options.	Amr Ahmed
03:45 - 04:00	Should we reconstruct all the ligaments? evidence based answer?	Amr Rashwan
04:00 - 04:15	Tips & Tricks for multi ligament reconstruction & expected complications	Ayman Ebied
04:15 - 04:30	Discussion	

Session 5 ACL with anterolateral instability / Posterolateral Instability

Chairman	Prof. Gamal Hosny - Prof. Hamed Elgohary - Prof. Mohamed Zada	
04:30 - 04:45	Anatomical ACL reconstruction	Ahmed Abdel Aziz
04:45 - 05:00	ACL /PLC what to do ?	Naser Slim
05:00 - 05:15	Anterolateral ligament is it fact or fiction. ligament reconstruction versus tenodesis.	Adham Elgeidy
05:15 - 05:30	Discussion	

05:30 - 07:00 Workshop

17th

November 2017
Friday

Session 6 Complex Knee dislocations

Chairman	Prof. Hossam El Shafei - Prof. Hany Elkesh - Prof. Moheb Fadel	
09:30 - 09:45	Injuries Associated with MLI : Fractures/ Extensor mechanism injuries.	Mohammed Radawan
09:45 - 10:00	Irreducible knee dislocation why and what to do?	Walid Reda
10:00 - 10:15	Low velocity Knee dislocation.	Ashraf Abdelkafy
10:15 - 10:30	Role of osteotomies in MLI knee.	Maged Samy
10:30 - 10:45	Conservative Treatment of knee Dislocation.	Emad Zayed
10:45 - 11:00	Results and prognosis Of MLI: OA/ Stiffness	Akram Eldawoody
11:00 - 11:15	Rehabilitation after Knee dislocation	Mohamed Ali
11:15 - 11:30	Discussion	
11:30 - 02:00	Prayer + lunch	

Session 7 Case scenario

Chairman	Prof. Adel Hamed - Prof. Ahmed Abdel Aziz - Prof. Maher Elassal	
02:00 - 02:10	First case	Ahmed Abdel Aziz
02:10 - 02:20	Second case	Maher Elassal
02:20 - 02:30	Third case	Roshdy Elsallab / Mohamed Aboelnour
02:30 - 02:40	Fourth case	Hisham Elkady
02:40 - 02:50	Discussion	

03:00 - 05:00 Workshop

EGAA Board

Executive Board

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Dr. Mohamed Aboelnour

Prof. Ezzat Kamel

Ass. Prof. Mohamed Gamal

Course Reconstruction

- **Instructional Course lectures**

- **Workshops**

ACL Reconstruction

PCL Reconstruction

MCL Reconstruction

LCL Reconstruction

Registration

Registration Fees: 400 L.E.

Workshop is free – Priority for early registration.

For registration please Contact

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