



Sharm Derma Academy

HAIR & TRICHOSCOPY COURSE

23rd - 24th January 2019

Intercontinental Citystars Hotel

23rd January
2019

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Time	Lecture	Presented by
08:00 - 09:00	Registration	
09:00 - 09:30	Module 1: Normal Hair Structure	
09:00 - 09:15	Structure of hair follicle & hair cycle in relation to pathogenesis of different causes of hair loss.	Heba Gawdat
09:15 - 09:30	Normal histology of the hair follicle and types of hair. Section planes for biopsy.	Marwa Fawzy
09:30 - 10:15	Module 2: Basic Trichoscopic features What is the normal trichoscopic features. Basic glossary for trichoscopy.	Hoda Moneib
10:15 - 10:45	Module 3: Pre-requisite for a successful hair clinic practice - Applied hair examination sheet. - Examination techniques. - How to quantify hair loss. - FAQ by the Patients.	Rania Mounir Nevine Dorgham
10:45 - 12:00	Module 4: Alopecia Areata (AA)	
10:45 - 11:05	Pathogenesis of AA in relation to trichoscopic evaluation. Different clinical presentations of AA.	Hoda Moneib
11:05 - 11:25	My approach to treat AA: How to successfully decrease the recurrence?, Updates in the management of AA	Assem Farag
11:25 - 11:40	How to successfully evaluate a localized hair loss	Rania Mounir
11:40 - 12:00	Case studies with different treatment approaches.	Assem Farag Hoda Moneib
12:00 - 12:30	Coffee Break	
12:30 - 02:15	Module 5: Female pattern hair loss (FPHL)	
12:30 - 12:45	Updates in the pathogenesis of FPHL, clinical presentation and grading.	Heba Gawdat
12:45 - 01:30	- Regulation of the hair follicle stem cell niche during growth, pigmentation & aging. - Trichoscopic evaluation & mimickers of FPHL. - PCO hair thinning, update on antiandrogen usage in FPHL: which, why, how & when. - Minoxidil for females, tips you must know.	Hoda Moneib

01:30 - 01:45	Non-minoxidil approach: The hair follicles as a sensing system in relation to the role of non-minoxidil treatment of hair loss.	Heba Gawdat
01:45 - 02:15	Case studies & different treatment approaches.	Assem Farag Hoda Moneib
02:15 - 03:00	Module 6: Male pattern hair loss (MPHL)	
02:15 - 02:45	Pathogenesis, trichoscopic evaluation, clinical presentation and grading of MPHL.	Ahmed Afifi
02:45 - 03:00	Special points in the management of the male patient.	Hoda Moneib
03:00 - 03:45	Module 7: Telogen effluvium (TE)	
	<ul style="list-style-type: none"> - Different clinical presentations in relation to underlying pathogenic mechanisms. - Trichoscopic evaluation. - How to differentiate chronic TE & FPHL? - How to diagnose telogen effluvium & how to manage? - Tips for telogen effluvium recovery. - Clinical cases with management approach. 	Hoda Moneib
03:45 - 04:15	Module 8: Clinical patterns of trichotillomania	
	<ul style="list-style-type: none"> - Updates on clinical and trichoscopic evaluation. - Case studies & updates on management approach. 	Hoda Moneib Nevine Dorgham
04:15 - 05:00	Module 9: Interactive clinical case discussion	
	Test yourself	Hoda Moneib Rania Mounir Heba Gawdat Ahmed Afifi
05:00 - 05:30	Module 10: Office Procedures in the Hair Clinic (hands on)	
	PRP: (max 20 attendees) Mesotherapy: (max 20 attendees) Microneedling and growth factors: (max 20 attendees)	Amin Sharobim Nevine Dorgham Ahmed Afifi
05:30	Dinner	

24th January
2019



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Time	Lecture	Presented by
08:00 - 09:00	Registration	
09:00 - 09:45	Module 11: Basic histopathology in trichology	
09:00 - 09:30	Basic histopathology in trichology & What are the clinical scenarios in which the scalp biopsy is most useful?	Marwa Fawzy
09:30 - 09:45	Histopathology or trichoscopy: sure trichoscopic signs.	Hoda Moneib
09:45 - 10:45	Module 12: Scalp psoriasis	
09:45 - 10:15	Scalp psoriasis: misdiagnosed & under-treated.	Mahira El-Sayed
10:15 - 10:45	Different treatment approaches	Hoda Moneib Rehab Hegazy Amin Sharobim
10:45 - 11:15	Module 13: The red scalp	
10:45 - 11:00	The red scalp	Hoda Moneib
11:00 - 11:15	Sensitive (Itchy) scalp and trichodynia	Heba Gawdat
11:15 - 12:00	Module 14: The role of nutrition	
	- Role of nutritional supplement on hair health & loss. - Best food regimen in treating hair loss in male & female.	Hoda Moneib Noura Hassaballa Rehab Hegazy
12:00 - 12:30	Coffee Break	
12:30 - 01:30	Module 15: Lasers and hair, which way to go?	
	- Laser hair removal, from basics to tips. - Low level laser/light therapy, all you need to know.	Shady Mahmoud
01:30 - 02:00	Module 16: Frontal fibrosing Alopecia (FFA)	
	Clinical tips on diagnosis and management; my experience in this pending epidemic.	Assem Farag
02:00 - 02:45	Module 17: Scarring alopecias, diagnostic challenges	
	- Trichoscopic evaluation/ histopathological correlation. - Value of early diagnosis. - How to set a prescription plan for each disease?	Hoda Moneib Marwa Fawzy

02:45 - 04:00	Module 18: Pearls in pediatric trichology	
02:45 - 03:00	Pediatric hair loss problems from infancy till adolescence.	Hoda Moneib
03:00 - 03:30	Different clinical & trichoscopic presentations of congenital hair shaft disorders	Hoda Moneib
03:30 - 03:45	Scaly scalp in children: diagnosis & management.	Heba Gawdat
03:45 - 04:00	Hair care regimen for pediatric hair problems.	Dina Dorgham
04:00 - 04:30	Module 19: Hair restoration	Shady El Maghraby
	- Indications in AGA & other hair loss disorders - When not to do hair restoration?	
04:30 - 05:30	Module 20: Hair cosmetics	
04:30 - 05:00	Types of hair. Weathering disorder of the hair shaft Hair straightening	Hoda Moneib
05:00 - 05:15	How to choose the right grooming for different hair types.	Rania Mounir
05:15 - 05:30	Adverse effects of hair cosmetics including extensions.	Mohamed Hussein
05:30 - 06:00	Module 10: Office Procedures in the Hair Clinic (hands on) (Parallel session)	
	PRP: (max 20 attendees)	Mohamed Hussein
	Mesotherapy: (max 20 attendees)	Dina Dorgham
05:30 - 06:00	Module 21: Difficult to treat hair case scenarios (Parallel session)	
	Case presentation with problem solving	Hoda Moneib Rania Mounir Heba Gawdat Ahmed Afifi
06:00	Dinner	

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TEAMWORK,
WE BELIEVE

