



The Egyptian Psychiatric  
Association



WORLD  
PSYCHIATRIC  
ASSOCIATION

# 1<sup>st</sup>

## International Conference on Psychiatry and Psychology

“New Horizons in Psychiatric and Psychological Therapies”

المؤتمر الدولي الأول  
للطب النفسي و علم النفس

“أفاق جديدة في العلاجات النفسية نحو حياة نفسية أفضل”

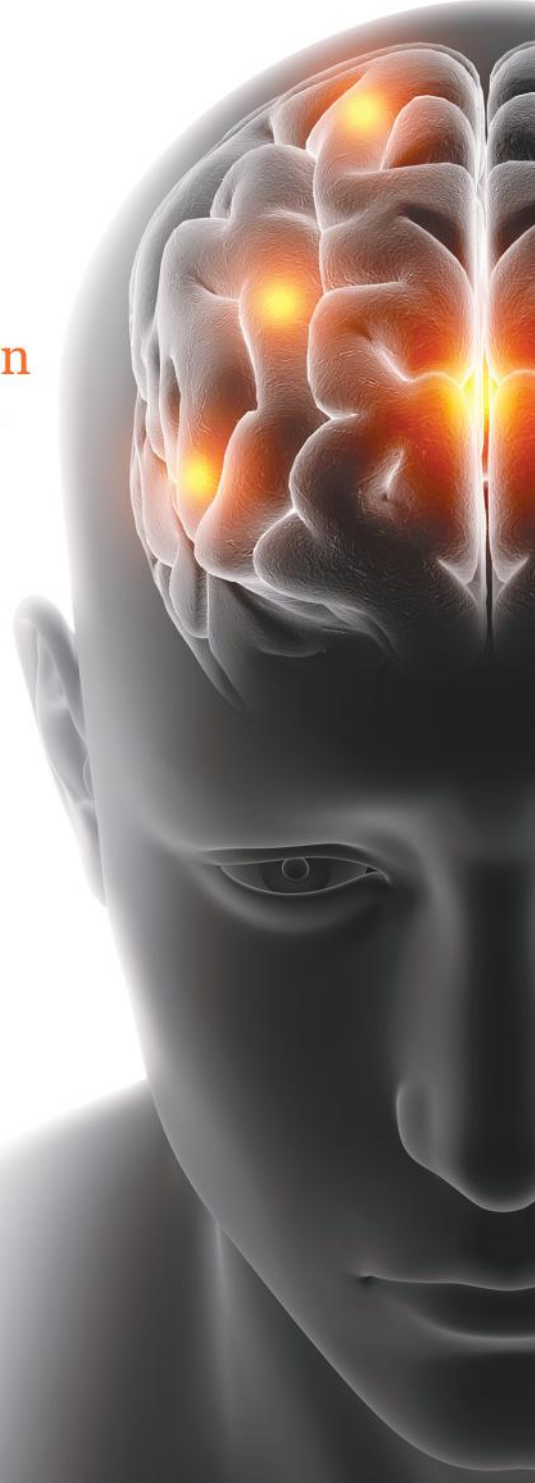
Congress President

**Prof. Mohamed Ghanem**

Professor of Psychiatry ASU & Chairperson of AOP

17<sup>th</sup> - 18<sup>th</sup> April 2019

National Training Institute - Nasr City



# Welcome Message

## **Dear Friends and Colleagues,**

On behalf of the organizing committee, we are extremely proud to welcome our colleagues to “New Horizons in Psychiatric and Psychological Therapies” conference that will take place in National Training Institute - Nasr City from 17<sup>th</sup> - 18<sup>th</sup> April 2019.

We all feel privileged to have such opportunity to exchange education, research and practical experience. We look forward to disseminate the knowledge to the professionals seeking advanced exposure through this international event.

We all hope that our colleagues in the different organizations inside Egypt and outside share with their scientific material, and interact with our guest faculties which will include eminent international, Arab and Egyptian scientists.

We are looking forward to your active participation and contribution.

## **Congress President**



**Prof. Mohamed Ghanem**

## Under patronage of his excellency

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### **Prof Abd El-Wahab Ezzat**

President of Ain Shams University

## Honorary Committee

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### **Prof. Mostafa Kamel**

Professor of Psychiatry, ASU

### **Prof. Said Abd El-Azim**

Professor of Psychiatry, Cairo University

### **Prof. Momtaz Abdel Wahab**

President of Egyptian Psychiatric Association

President of Arab Federation of Psychiatry

### **Prof. Abdelnaser Omar**

The Institute of Psychiatry Ain Shams University

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Professor of Psychology, Ain Shams University

### **Prof. Zein El- Abedeen Darweesh**

Professor of Psychology , Cairo University

### **Prof. Ahmed Abd Elkhalik**

Professor of Psychology , Alexandria University

### **Prof. Mohamed Khalil**

Professor of Psychology, ASU

## Congress President

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### **Prof. Mohamed Ghanem**

Professor of Psychiatry ASU

& Chairperson of AOP

## Congress Advisor

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### **Prof. Afaf Ahmed Khalil**

Professor of Psychiatry, ASU

## Congress Coordinator

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### **Dr. Ahmed Haroun**

Consultant of Psychotherapy

& Chairperson Assistant of AOP

## Chair Congress Committee

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### **Prof. Ahmed Khairy**

Professor of Psychology, ASU

### **Chair Scientific Committee**

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**Prof. Mohamed EL Mahdy**

Professor of Psychiatry, Azhar University

### **Chair Organizing Committee**

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**Prof. Adel Medani**

Professor of Psychiatry, Azhar University

### **Congress Counselors**

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**Dr. Maggie William**

Ass. Prof. of Psychology, ASU

**Dr. Mona Abu Tera**

Ass. Prof. of Psychology, ASU

### **Zonal Representative WPA**

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**Prof. Nahla El Sayed**

Professor of Psychiatry, Ain Shams University

### **Congress Activities**

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- Keynote lectures
- Plenary lectures
- Debates
- Forums
- Symposia: seminars
- Workshops & Training Courses
- Students Activities: Public Sessions

## • Registration

Participation Type	Price	Price on Site
Individual	2000 EGP	2500 EGP
Group of 3 persons	1500 EGP (for each one)	2300 EGP
Group of 6 persons	1250 EGP (for each one)	2000 EGP

### Registration fees included:

- Attendance of all lectures and 3 workshops
- Meet our Experts
- Conference Bag
- Conference Certificate
- 2 Coffee Breaks
- 2 lunches

Participation Type	Price	Price on Site
Scientific registration	700 EGP	1000 EGP

### Scientific Registration fees included:

- Attendance of all lectures and 1 workshop
- Meet our Experts
- Conference Bag
- Conference Certificate

## • Workshops Registration

Participation Type	Price
1 workshop	300 EGP
2 workshops	500 EGP
3 Workshops	800 EGP

For Registration Please Contact: +2010016345534

**PRELIMINARY PROGRAM (Day 1)**

Time	Hall A	Hall B	Hall C	Hall D
8.00 - 10.00	<b>REGISTRATION</b>			
10.00 - 12.00	(S1) Counseling As a preventive Measure التوجيه والإرشاد لإختيار مسار الحياة وقاية قبل أن يكون علاجاً أ.د. محمد خليل، أ.د. عادل محدي أ.د. مني أبو طيرة وآخرين	(S2) Military Psychiatry General Maged Bahieldin, Dr. Ihab El-Baz	(W1) Cleaning Obsession Prof. Wael Abo Hendi	(TC1) Assessment of addiction severity Asst. Prof. Nesreen Mohsen, Dr. Mahmoud Morsi
12.00 - 12.30	<b>OPENING CEREMONY</b>			
12.30 - 13.15	Plenary Lecture Positive Psychiatry Prof. Mohamed Ghanem			
13:15 - 14:00	<b>COFFEE BREAK</b>			
14.00 - 15.30	(S3) Hot Topics in Psychotherapy &Personality Disorders Theory of Personality Disorders: Psychosocial & Psycho Pharmacology Prof. Saeed Abdel Azeem Cultural Aspects of Psychotherapy Prof. Nahla Nagy Biological aspects of Psychotherapy Prof. Ali Ismail	(S4) Focus on Psychotherapy Basics of Psychotherapy Prof. Mahmoud Hamouda Dynamic Psychotherapy Prof. Hashem Bahary مستقبل العلاج النفسي في مصر أ.د. أحمد حجري	(W2) Self-Psychology: A Relational Psychodynamic Model Prof. Samir Abo El-Magd	(TC2) Relapse Prevention in Schizophrenia Prof. Yasser Abdel Razek
15.30 - 17.00	(S5) Highlights on Important Psychiatric Problems Adolescent self-harm Prof. Reda Ismail Treating Adolescents & #39; Addiction Prof. Soheir El- Ghonemy Theory of Mind: an update for Autism Prof. Manal Omar	(F1) المرأة المحنفة أ.د. مني أبو طيرة	(W3) Team Building Prof. Adel Madani	(TC3) Ethics in Psychiatry Practice Asst. Prof. Marwa El Missiry, Asst. Prof. Dalia A. Moneim
17.00 - 18.30	(S6) علم النفس الرياضي: منظور شامل السفير إبراهيم البكر أستاذ طارق أمين	(F2) نشاط مكثبات مصر في نشر الوعي النفسي السفير رياض طاهر	(W4) Dance Movement Therapy Dr. Radwa Saeed	(W5) Family Therapy Dr. Ali El-Nabawy
18.30	<b>Lunch</b>			

KEY:

(S): Session

(W): Workshop

(TC): Training Course

(F): Forum

## PRELIMINARY PROGRAM (Day 2)

Time	Hall A	Hall B	Hall C	Hall D
9.00 - 10.30	(S7) Different Approach to Psychotherapy Psychotherapy from theory to practice, <b>Prof. Victor Samy</b> Acceptance Psychotherapy, <b>Prof. Ahmed Saad</b> Psychotherapy of children disorders, <b>Dr. Talaat Hakim</b>	(S8) Hot Topics in Psychiatric Problem بعض المشكلات النفسية والاضطرابات لدى طالبات الجامعة <b>أ.د. ماجي وليام</b> سلوك المخاطرة لدى الأحداث الجانحين وغير الجانحين <b>أ. م. د. نهاد محمود</b> العلاقة بين الشخصية و المودان <b>د. سارة عزت</b> الشباب و قضايا العنف و التطرف في عالمنا المعاصر <b>د. علي سالم</b>	(W6) DBT for Borderline Personality <b>Prof. Mohamed El-Mahdy</b>	(TC4) Smoking Cessation <b>Asst. Prof. Mahmoud El-Habiby</b> <b>Dr. Hussien Elkhoty</b>
10.30 - 12.00	(S9) Anxiety Disorders: Different Approach Social Anxiety, <b>Prof. Menan Abdel Maksoud</b> EMS in mood and Anxiety Disorders, <b>Prof. May Eissa</b> Cognitive Models of OCD, <b>Dr. Reham Abdel Mohsen</b>	(F3) Psychology of Happiness Positive psychology سيكولوجية السعادة <b>أ.د. أحمد عبد الخالق</b>	(W7) Therapeutic approaches in mental health <b>Prof. Mona El-Rakhawy</b> <b>Dr. Annie Cree</b>	(TC5) Tools for Assessment of Bipolar disorder <b>Asst. Prof. Doha El-Serapy</b>
12.00 - 12.30	<b>COFFEE BREAK</b>			
12.30 - 14.00	(M1) Cognitive Errors in Addiction <b>Prof. Amany Haroun</b>	(W8) Psychotherapy for children: Trauma focused CBT <b>Prof. Hanan Azzam,</b> <b>Prof. Nermin Shaker,</b> <b>Asst. Prof. Ahmed Adel</b>	(TC6) Assessment of OCD <b>Prof. Ghada Refaat,</b> <b>Dr. Noha Nagi</b>	(TC7) How to Assess Anxiety disorder? <b>Asst. Prof. Eman Shourab</b> <b>Asst. Prof. Walaa Sabry</b>
14.00 - 15.30	(M2) Success in Life with Cognitive Emotional Therapy CET <b>Dr. Ahmed Haroun</b>	(F4) Future of Psychotherapy <b>Prof. Ahmed Khairy</b>	(W9) Stress Management <b>Prof. Yasser Abdel Razeq</b>	(TC8) Tools for Monitoring Depression & Quality of Life <b>Prof. Doaa Khalifa</b> <b>Asst. Prof. Reem Hashem</b>
15:30 - 17:00	(SEMINAR 1) الإعلام و العلاج النفسي الإعلامية دعاء عامر د/ أحمد هارون	(W10) Orientation to Neurofeedback <b>Dr. Ghada El Khouty</b>	(W11) Psychotherapy for Adolescents with ADHD <b>Prof. Heba El Shahawy,</b> <b>Prof. Mona El Sheikh</b>	(TC9) Instruments to measure functional and cognitive dysfunction in elderly <b>Prof. Olfat Kahla</b> <b>Dr. Maissa Eid</b>
17.00 - 18.30	(SEMINAR 2) المريض النفسي في الدراما المصرية المخرج علي عبد الخالق عرض فيلم فومو الإعلامي محمود التميمي	(S10) Challenge in Approaching Psychosexual Problems Psychosexual problems, <b>Prof. Hanaa Showeikh</b> Sex transformation in males, <b>Prof. Mohamed Khattab</b>	(W12) CBT of Schizophrenia <b>Dr. Alaa Farghaly</b>	(TC10) Is the pills enough? <b>Dr. Shewykar AlBakri</b>
18.30	<b>Lunch</b>			

KEY: (S): Session (M): Meet the Expert (W): Workshop (TC): Training Course  
(F): Forum

IN  
TEAMWORK,  
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