



Egyptian Arthroscopy Association

EGAA 2015

3rd International Congress

17th – 19th February 2015, Intercontinental City Stars Hotel- Cairo- Egypt

Honorary President of the congress

Prof. Maher El-Assal



President of the Congress & EGAA

Prof. Ezzat Kamel



Congress General Secretary &
EGAA Vice President

Prof. Adel Hamed



Final Program



Welcome Message

Dear Colleagues

On behalf of the EGAA board , we have a great pleasure to welcome you and value your contribution.

Certainly your share will enrich this EGAA third international congress .
We are indeed very glad to say that together we all are one .
Our prayer that this congress will meet your needs and hopes

Maher El-Assal

Maher El-Assal

Honorary president of the congress



Welcome Message

Allah (God) bless you all
Gain knowledge experience,
Share knowledge experience,
Spread knowledge experience

Welcome all the at 3rd EGAA International meeting
Yours

Ezzat Kamel

Congress President
EGAA President



Welcome Message

Dear Friends and Colleagues,

While we celebrate completing our Fourth year since establishment, the EGAA is organizing its Third International Congress.

It is a great honor for me to be the general secretary of the congress, and I tried to do maximum effort to be responsible for organizing valuable scientific program that I hope you would be interested with.

To meet the fast development in the field of arthroscopy, the three days scientific program will cover the knee, shoulder, hip and ankle procedures. Instructional course lectures, in addition to training workshops will be delivered by international and national speakers.

It would not have been possible to organize for this event without the contribution of my colleagues in the scientific committee and the support of Sponser Companies. However, success can only be achieved through your active participation in attendance, discussions and feedback.

At the end, I would like to thank all speakers, participants and sponsor companies who made it possible to hold this congress.

A very warm welcome to all of you.

Adel Hamed

Adel Hamed

Congress General Secretary
EGAA Vice President

EGAA Board

Executive Board

Honorary President: **Prof. Ahmed Abd El-Aziz**

President: **Prof. Ezzat Kamal**

Vice President: **Prof. Adel Hamed**

General Secretary: **Prof. Roshdy El-Sallab**

Treasurer: **Prof. Hosam El-Shafei**

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Prof. Maher El-Assal

Prof. Abd El-Aziz Singergy

Prof. Ayman Ebied

Prof. Hamed El-Gohary

Prof. Hossam Nagy

Prof. Mohamed Sobhy

Congress Structure

International Guests' Lectures

Instructional Lectures

Free Papers

Hands on workshop

Guest Speaker



Andreas Imhoff

Germany



Professor of Orthopedic Surgery and Traumatology, Director Department of Orthopedic Sports Medicine
Hospital Rechts der Isar University of Munich



Basem Flega

Germany



Director GOC Orthopedic Hospital Bonn



Francesco Allegra

Italy



Chairman Ankle Committee of Italian Arthroscopy Society – SIA
Professor at University «La Sapienza» of Rome, site of Latina.



Gernot Felmet

Germany



President of EFOT, the European Federation of National Associations of Orthopedic sports Traumatology



Jaap Willems

Netherlands



Ex President of the SECEC/ESSSE
(European Society for Surgery of the Shoulder and Elbow)



Joerg Jerosch

Germany



Professor of Orthopaedic Surgery and Traumatology
Director Department of Trauma and Orthopedic Sports Medicine, Hausanschrift.



Karl Eriksson

Sweden



Ass. Prof. of Orthopedic Surgery, Stockholm



Lucio Ernlund

Brazil



1st Vice-President SBRATE
(Brazilian Arthroscopy and Sports Trauma Society)



Massimo Toffolo

Italy



Head of Surgical Foot and Ankle Unit of Casa di Cura Giovanni XXIII, Monastier (TV)



Mehmet Demirtaş

Turkey



Chief Department
Private Memorial Ankara Hospital



Oliver Marin

Spain



Ass. Professor of Orthopaedic Surgery and Traumatology
Hospital Universitario Infanta Leonor



Rene Verdonk

Belgium



Emeritus director Dept orthop and trauma, Univ hospital, Gent State university



Robert Halvadjian

Bulgaria



President of Bulgarian association of arthroscopy and sport traumatology
Head of Department of orthopaedic and trauma surgery Avis Medica Pleven



Victor Naula

Ecuador



Director of the Centre for Advanced arthroscopic shoulder surgery

Medical Sponsor Companies

Platinum



Golden



Silver





Opening Ceremony



08:15 - 08:30

Prof. Dr. Maher El Assal

Congress Honorary President

Prof. Dr. Ahmed Abdel Aziz

EGAA Honorary President

Prof. Dr. Ezzat Kamel

Congress President

EGAA President

Prof. Dr. Adel Hamed

Congress General Secretary

EGAA Vice President

Tuesday
17th
Feb 2015

ACL papers



08:30 – 09:30

Chairmen:

Hisham El Kady
Hosam Nagy
Mohamed Eraky

08:30 – 08:40	Combined ACL and Anterolateral Ligament Reconstruction for ACL Deficient Knees: Early Results Ahmed Samir El-Kalyoby Egypt
08:40 – 08:50	Anatomical Physeal Sparing ACL Reconstruction in Skeletally Immature Patients Hazem Farouk Egypt
08:50 – 09:00	All Inside ACL Reconstruction Hosam Nagy Egypt
09:00 – 09:10	Hamstring vs Quadriceps in Anatomic Single Bundle ACL Reconstruction Mahmoud Abd El-Aziz Egypt
09:10 – 09:20	Anatomic Double Bundle ACL Reconstruction: Mid Term Results Faisal El Shereif Egypt
09:20 – 09:30	Anatomic Double Bundle ACL Reconstruction using in Situ Hamstring Graft with Four Tunnels Ahmed Wagih Egypt

Tuesday
17th
Feb 2015

ACL Lectures



09:30 – 10:30

Chairmen:

Abdel Aziz Singergy
Lucio Ernlund
Maher El Assal

09:30 – 09:45	Ligamentous Bony Avulsion of the Knee Hisham El Kady Egypt
09:45 – 10:00	Combined ACL Reconstruction and HTD Ayman Ebied Egypt
10:00 – 10:15	ACL and PCL Healing Response and Results Gernot Felmet Germany
10:15 – 10:30	Should we Routinely do Graft Sizing Before Surgery? Lucio Ernlund Brazil

10:30 – 11:00

Coffee Break





ACL Lectures (cont.)



11:00 - 12:00

Chairmen:

Ahmed Abdel Aziz
Mohamed Zada
Robert Halvadjian

11:00 – 11:15	Anatomic ACL Reconstruction Through Additional Anteromedial Approach Robert Halvadjian Bulgaria
11:15 – 11:30	Anatomic Single Bundle ACL Reconstruction: How I do it Ahmed Abdel Aziz Egypt
11:30 – 11:45	Ideas About ACL Reconstruction Karl Eriksson Sweden
11:45 – 12:00	Return to sports after ACL Reconstruction Gernot Felmet Germany

Tuesday
17th
Feb 2015

Fidia-Phoenix Symposium



12:00 - 12:30

Chairmen:

Adel Hamed
Roshdy El Sallab



Evolution on I.A.H.A therapy : beyond Knee OA

Massimo Toffolo
Karl Fredrik Almqvist

Italy
Sweden



Rotator Cuff Lectures



12:30 - 13:30

Chairmen:

Andreas Imhoff
Ezzat Kamel
Ibrahim Hussien

12:30 – 12:45	Arthroscopic Rotator Cuff Repair All Inside Technique Mehmet Demirtaş Turkey
12:45 – 13:00	Foot Print Concept of RC Repair Mohamed Sobhy Egypt
13:00 – 13:15	What To Do in Failed Cuff Repair? Jaap Willems Netherland
13:15 – 13:30	Arthroscopic Assisted AC Joint Reconstruction With Tight Rope/Dog Bone Fibertape System Andreas Imhoff Germany

13:30 – 14:30

Lunch



Tuesday
17th
Feb 2015

Shoulder Instability Lectures



14:30 - 15:30

Chairmen:

Adel Hamed
Ahmed Abd El Samei
Jaap Willems

14:30 – 14:45	Transglenoid Technique For Shoulder Dislocation Victor Naula Equador
14:45 – 15:00	Arthroscopy Assisted Bristow For Instability Revision Mehmet Demirtaş Turkey
15:00 – 15:15	Posterior Shoulder Instability Jaap Willems Netherland
15:15 – 15:30	Multi-Directional Instability Mohamed Gamal Egypt



Knee Lectures and Papers



15:30 - 16:30

Chairmen:

Gamal Hosny
Karl Eriksson
Roshdy El Sallab

15:30 – 15:45	Cartilage Transplantation in Different Joints: State of The Art From OATS to MACI to Partial Eclipse Andreas Imhoff Germany
15:45 – 16:00	Whether to Operate or not on Degenerative Meniscus Lesions Karl Eriksson Sweden
16:00 – 16:10	Anatomic Single Bundle ACL Reconstruction Using Outside-in Technique For Femoral Tunnel Preparation. Ashraf Abdel Kafy Egypt
16:10 – 16:20	Tunnel Dilatation After ACL Reconstruction Hisham Mesbah Egypt
16:20 – 16:30	Associated Pathological Lesions as a Definite Cause for ACL Reconstruction Failure Ehab Ramadan Egypt

Tuesday
17th
Feb 2015

Shoulder Papers



16:30 - 17:30

Chairmen:

Hisham Mesbah
Moheb Fadel
Walid Reda

16:30 – 16:40	PASTA: To Repair In Situ or Complete The Tear Khaled Shohayeb Egypt
16:40 – 16:50	Modified Weaver–Dunn vs Reconstruction Using ST For Chronic ACJ Dislocation: Comparative Study Amr Rashwan Egypt
16:50 – 17:00	Latarjet Procedure in Patients With Multiple Recurrences of Anterior Shoulder Dislocation And Generalized Ligament Laxity Maged Samy Egypt
17:00 – 17:10	Comparative Study Between Labrum Sparing And Removal During Latarjet Procedure For Management of Shoulder Dislocation With Bony Defect Walid Reda Egypt
17:10 – 17:20	Long Term Results After Arthroscopic Revision Bankart Repair: Clinical And Radiological Evaluation At a Minimum Of Ten Years follow up Mohamed Abo Alata Germany
17:20 – 17:30	Arthroscopic Repair of Limited Bony Bankart Lesions Mohamed Fahmy Egypt

Tuesday
17th
Feb 2015

Workshops I – Shoulder– Smith & Nephew



17:30 – 19:30



Jaab Willems
Ezzat Kamel

Netherland
Egypt

Smith & Nephew the new shoulder Products Innovations Using TWINFIX ULTRA, BIORAPTOR/ OSTEORAPTOR and Knotless

Shoulder Workshops :
instability & Rotator Cuff

Workshops II – Knee – Arthrex



17:30 – 19:30



Andreas Imhoff
Nasef Mohamed

Germany
Egypt

The Next Generation in Knee

Tuesday
17th
Feb 2015

Workshops III – Shoulder – Mitek Company



17:30 – 19:30



Mohamed Gamal Morsy
Walid Reda

Egypt
Egypt

Shoulder Instability & Rotator Cuff Repair Solutions

Workshops IV– Hip Arthroscopy



17:30 – 19:30



Ahmed Hazem
Hatem Galal
Mahmoud Abdel Kerim
Oliver Marin

Egypt
Egypt
Egypt
Spain

Workshop:

Station 1: Hip Arth Model
Station 2: Hip Arth Model
Station 3: Cam excision
Station 4: Pincer and Labral repair
Station 5: Knott Tying

Wednesday
18th
Feb 2015

Shoulder Lectures



08:30 – 09:30

Chairmen:

Basem Flega
Khaled Shohyeb
Safwat Shalaby

08:30 – 08:45	Arthroscopic Fixation of Glenohumeral Fractures, A New Method Basem Flega Germany
08:45 – 09:00	Arthroscopic Treatment of Glenohumeral instability George El Rassi Lebanon
09:00 – 09:15	Nerve Entrapments Around The Scapula Ahmed Kandil Egypt
09:15 – 09:30	Biceps Dilemma Khaled Shohyeb Egypt

Wednesday
18th
Feb 2015

Foot Lectures



09:30 – 10:30

Chairmen:

Francesco Allegra
Hany El Elish
Osama Shazly

09:30 – 09:45	One Step Anterior And Posterior Ankle Arthroscopy By Two Postero Medial Portals: A Personal Solution To A Surgical Problem Francesco Allegra Italy
09:45 – 10:00	Soft Tissue Impingement of the Ankle Massimo Toffolo Italy
10:00 – 10:15	Endoscopic Release of Plantar Fasciitis Joerg Jerosch Germany
10:15 – 10:30	Fully Arthroscopic Technique for anterior talofibular Ligament Anatomic Replacement in Chronic Ankle instability: Two Years Result Francesco Allegra Italy

10:30 – 11:00

Coffee Break



Wednesday
18th
Feb 2015

Knee Lectures and Papers



11:00 – 12:00

Chairmen:

Gernot Felmet
Mohamed Sobhy
Younis Akl

11:00 – 11:15	Focal Chondral Lesions in the Knee: What Did We Learn? Gernot Felmet Germany
11:15 – 11:30	The Osteoarthritis Clinic – A Multimodal, Interdisciplinary And Individual Concept For Patients With OA Joerg Jerosch Germany
11:30 – 11:40	PCL Reconstruction Using B PTB Graft Younis Akl Egypt
11:40 – 11:50	Arthroscopic PCL Reconstruction: Five Years Follow up Mohamed Abo El Noor Egypt
11:50 – 12:00	Arthroscopic Re-insertion of Tibial PCL avulsion: A Technical Note And Short Term Results Ahmed Seif Eldin Egypt

Wednesday
18th
Feb 2015

Liptis Symposium



12:00 – 12:30



LIPTIS
Pharmaceuticals

Chairmen:

Adel Hamed

Ahmed Abdel Aziz

Dorofen , Overcoming Osteoarthritis Disability

Sharif Omar

USA

Wednesday
18th
Feb 2015

EGAA Business Meeting



12:30 - 13:00

For Active Members Only



Election of EGAA Board



12:30 - 13:00

Wednesday
18th
Feb 2015

Pfizer Symposium



13:00 - 13:30



Chairmen:

Ezzat Kamel
Maher El Assal

New ERA for VTE Prophylaxis

Timour F. El Hussein

Egypt

13:30 – 14:30

Lunch



Wednesday
18th
Feb 2015

Hip Lectures



14:30 - 15:30

Chairmen:

Hatem Galal
Maged Samy
OLIVER MARIN PEÑA

14:30 – 14:45	Indications of Hip Arthroscopy Hatem Galal Egypt
14:45 – 15:00	FAI- What is it? And, What Does it Mean? OLIVER MARIN PEÑA Spain
15:00 – 15:15	Iliopsoas Impingement After THR: Arthroscopic Treatment Joerg Jerosch Germany
15:15 – 15:30	Labral Tears: Repair vs. Reconstruction Ahmed Hazem Egypt

Wednesday
18th
Feb 2015

Hip Lectures (Cont.)



15:30 – 16:30

Chairmen:

Ahmed El Saeed
Joerg Jerosch
Mahmoud Abdel Kerim

15:30 – 15:45 Mini–Anterior Approach Arthroscopic Assisted For the Treatment of Labral Tears

OLIVER MARIN PEÑA Spain

15:45 – 15:55 Outcome After Hip Arthroscopy
Mahmoud Abdel Kerim Egypt

15:55 – 16:10 Complications of Hip Arthroscopy
Ahmed El Saeed Egypt

16:10 – 16:30 **Case Presentations**

(5 min) – Subspine Impingement
OLIVER MARIN PEÑA Spain

(5 min) – Ligamentum Teres Tears
Ahmed El Saeed Egypt

(5 min) – Iliopectineal Cyst
Joerg Jerosch Germany

(5 min) – Osteoid Osteoma of the Femoral Neck
Mohamed Abd El Rady Egypt

Wednesday
18th
Feb 2015

Knee Papers



16:30 – 17:20

Chairmen:

Abdel Rahman Ganainy
Hamed El Gohary
Mohamed Yehia

- | | |
|---------------|---|
| 16:30 – 16:40 | Comparative Study Between Reconstruction of the Superficial MCL vs. Concomitant Reconstruction of POL for medial knee Instability
Ahmed Samir El kalyoby Egypt |
| 16:40 – 16:50 | Combined ACL and MCL Reconstruction Using Hamstring Graft
Ali Omran Egypt |
| 16:50 – 17:00 | Early bicruciate ligament reconstruction for knee Dislocation
Ahmed Hany Saleh Egypt |
| 17:00 – 17:10 | Open Reduction and Fixation of Avulsed Tibial Insertion of PCL Through Minimal Posteromedial Safe Approach
Abdel Samie Halawa Egypt |
| 17:10 – 17:20 | Stem Cells Implantation in Articular Cartilage Defect of The Knee
Mohamed Al-Nahas Egypt |

Wednesday
18th
Feb 2015

Workshops I – Knee – Mitek



17:30 – 19:00



Ayman Ebied
Hesham Farag

Egypt
Egypt

Knee Ligaments Reconstruction & Meniscal Repair Solutions

Workshops II – Knee – Smith & Nephew



17:30 – 19:30



Ahmed Abdel Aziz
Amr Rashwan

Egypt
Egypt

Presentation & Workshops

Smith & Nephew the new knee Products Innovations
Using
BIORCI Screws and the Endobutton CL Ultra for ACL
Ultra- Fast Fix for Meniscal repair

Wednesday
18th
Feb 2015

Workshops III- Shoulder – Arthrex



17:20 – 19:00



Ahmed Hany
Ahmed Kandil

Egypt
Egypt

The Next Generation in the Shoulder

Workshops IV- Global Medical Trading



17:30 – 19:30

Joerg Jerosch

Germany



- Shoulder Trauma
- Capica Resurfacing Shoulder
- Aglion Reverse Shoulder



Knee Papers



08:30 – 09:30

Chairmen:

Ahmed Waly
Akram Al Dawoudy
Mohamed Radwan

08:30 – 08:40	Surgical Techniques for Opening a Tight Medial Compartment of the knee Asem Nour Eldin Egypt
08:40 – 08:50	Arthroscopic Management of knee OA: Revisited Mohamed El Shafei Egypt
08:50 – 09:00	Assessment of the Results of Bone Marrow Injection in Repair of Isolated Meniscus Injury Akram Al-Dawoudy Egypt
09:00 – 09:10	Discoid Medial Menisceplasty Effect on knee Function Ahmed Waly Egypt
09:10 – 09:20	Mosaicplasty for Chondral Lesions of The Talus Sameh Marei Egypt
09:20 – 09:30	ACL and Meniscus Root tears: Outcome of Combined Reconstructive Surgery Sherif El Ghazaly Egypt

Thursday
19th
Feb 2015

Knee Lectures



09:30 – 10:15

Chairmen:

Ayman Ebied
Rene Verdonk
Tarek Khalil

09:30 – 09:45

Meniscal Biology and Repair

Rene Verdonk

Belgium

09:45 – 10:00

Meniscal Scaffolds: Indications, Technique and Results

Rene Verdonk

Belgium

10:00 – 10:15

MPFL Reconstruction, The Way I do it

Lucio Ernlund

Brazil

10:15 – 11:00

Coffee Break



Thursday
19th
Feb 2015

Foot Lectures



11:00 – 12:00

Chairmen:

Al Hussein Moustafa

Massimo Toffolo

Nasef Mohamed Nasef

11:00 – 11:15

Chondromalacia of the Ankle

Massimo Toffolo

Italy

11:15 – 11:30

Arthroscopic OATs Procedure for Repair of Osteochondral Lesions of Ankle

Francesco Allegra

Italy

11:30 – 11:45

Endoscopic Calcaneoplasty – Surgical Technique and Results

Joerg Jerosch

Germany

11:45 – 12:00

Arthroscopic Ankle Plasty a Step Before Ankle Arthrodesis

Nasef Mohamed Nasef

Egypt



Orthomedics Symposium



12:00 – 12:30



Chairmen:

Hosam El Shafei
Hosam Nagy

Conservative Treatment of Knee Osteoarthritis by Leg Orthotics

Khaled Eldeeb

Egypt

Thursday
19th
Feb 2015

Shoulder Lectures



12:30 – 13:30

Chairmen:

Mehmet Demirtaş
Mohamed El Shewy
Sherif Sokkar

12:30 – 12:45	Arthroscopic single anterior portal Bankart repair Mehmet Demirtaş Turkey
12:45 – 13:00	Shoulder dislocation in patients over 40 years old Victor Naula Equador
13:00 – 13:15	The fallen curtain arthroscopic test in HAGHL Lesion Victor Naula Equador
13:15 – 13:30	Failed Bankart Repair Ahmed El Saeed Egypt

13:30 – 14:30

Lunch





Knee lectures



14:30 – 15:15

Chairmen:

Adel Anwar
Hosam El Shafei
Salah Shawky

14:30 – 14:45	Algorithm of ACL Revision Gernot Felmet Germany
14:45 – 15:00	Postero Laterl Corner Injuries of the Knee Hosam El Shafei Egypt
15:00 – 15:15	Injuries of the MCL and Indications for Surgery Roshdy El Sallab Egypt

Thursday
19th
Feb 2015

Shoulders Papers



15:15 – 16:05

Chairmen:

Mohamed El Shafei
Mohamed Gamal
Walid Ewais

15:15 – 15:25	L-Shape Posterior Capsular Release in Frozen Shoulder Mohamed Gamal Egypt
15:25 – 15:35	Arthroscopic vs. Mini Open Treatment of Complete ACJ Dislocation Using Endo Button Walid Ewais Egypt
15:35 – 15:45	Modified technique for arthroscopic stabilization of acromioclavicular joint Mohamed Rakha Egypt
15:45 – 15:55	Neglected Shoulder Dislocation Abdel Rahman El Ganyani Egypt
15:55–16:05	Mini Open Rotator Cuff Repair Faisal Zayed Egypt



Knee papers



16:05 – 17:05

Chairmen:

Ahmed Waly
Mohamed Abdel Hamid
Said Karim

16:05 – 16:15	Patellofemoral Ligament Reconstruction Using Free Semitendinosus Graft Ahmed Waly Egypt
16:15 – 16:25	Arthroscopic Reconstruction Technique for Patellar Instability Said Karim Egypt
16:25 – 16:35	Correlation Between knee Version and TT-TG Distance in Patients with Patello-Femoral Pain and Instability Adham El Geidi Egypt
16:35 – 16:45	Arthroscopic Reduction and Fixation of Avulsed Tibial Spine by a New Wiring Technique Mohamed Abdel Hamid Egypt
16:45 – 16:55	All Through Arthroscopic Assisted Reduction and Fluoroscopic guided fixation of Tibial Plateau Fractures Ahmed Gad Egypt
16:55 – 17:05	Medial PFL Reconstruction With Quadriceps Tendon, Preliminary Study and Surgical Technique Ahmed S. Hamed Egypt

WE OWE YOU PERFECTION



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