



1<sup>st</sup>

# Annual Armed Forces Addiction Conference

Recent Trends in Addiction Treatment and Prevention  
الاتجاهات الحديثة فى الوقاية والعلاج من الإدمان

Head of the Egyptian Armed Forces Medical Services  
**Maj. Gen. Dr. Magdy Amin**

Head of the Military Medical Academy  
**Maj. Gen. Dr. Ahmed El-Tawdy**

Director of Al Maadi Military Medical Compound  
**Maj. Gen. Dr. Ashraf Abdel Rady**

President of the Conference  
**Maj. Gen. Dr. Maged Bahieldin Mohamed**

Secretary General  
**Maj. Gen. Dr. Hosni Abdallah**

25<sup>th</sup> – 26<sup>th</sup> December 2019  
Maadi Military Medical Compound



## Welcome Message

It is a great pleasure and an honor to extend to you a warm invitation to attend the First Annual Armed Forces Addiction Conference to be held December 25<sup>th</sup> - 26<sup>th</sup> 2019 at the Maadi Military Medical Compound.

The hope you will join us our conference with best wishes.

Before I close, I would like thank each of you for attending our conference and bringing your expertise to our gathering. You as organization leaders, have the vision, the knowledge, the wherewithal and the experience to help us pave our way into the future. You are truly our greatest asset today and tomorrow, and we could not accomplish what we do without your support and leadership.

My personal respect and thanks goes out to all of you.

**Maj.Gen.Dr.**

Maged Bahieldin Mohamed

*Maged Bahieldin Mohamed*

**Congress President**



## السيرة الذاتية

### الاستاذ الدكتور / احمد عكاشة

- استاذ الطب النفسى طب عين شمس
- مؤسس ورئيس مركز بحوث منظمة الصحة العالمية للصحة النفسية – مركز الطب النفسى
- جامعة عين شمس – ومؤسس مجمع أ.د. احمد عكاشة للعيادات والمدرج الاكاديمى
- نحت كلمة (الطب النفسى) سنة ١٩٦٤ بدلا من الامراض العقلية والنفسية
- حاول ازالة وصمة المريض والطبيب النفسى
- أدخل الطب النفسى فى العلوم الطبية
- رئيس الجامعة العالمية للطب النفسى ٢٠٠٢ – ٢٠٠٥
- الرئيس الفخرى للجمعية المصرية للطب النفسى
- الرئيس الفخرى لاتحاد الاطباء النفسيين العرب
- رئيس الجمعية المصرية للطب النفسى البيولوجى
- رئيس لجنة القيم والاذلاقيات للطب النفسى بالجمعية العالمية للطب النفسى
- عضو المجلس القومى للصحة النفسية
- عضو المجلس الاعلى للثقافة
- عضو المجلس الاعلى للصحة فى مصر
- مقرر اللجنة الاستشارية التخصصية للقطاع الطبى بالمجلس الاعلى للجامعات
- رئيس اللجنة العلمية لزمانة الطب النفسى المصرية
- مؤسس ورئيس فخرى لهيئة تحرير المجلة المصرية للطب النفسى – مجلة الشرق الاوسط
- للطب النفسى المعاصر – مؤسس ورئيس تحرير المجلة العالمية للطب النفسى باللغة العربية – رئيس
- وعضو هيئة تحرير فى ٢٣ مجلة طب نفسى محلية وعالمية – ألف واشترك فى تأليف ٤٨ كتابا باللغة العربية والانجليزية – ثم نشر اثنى عشر منها بالخارج – ومائتين وستة وسبعون بحثا عالميا فى مجالات الطب النفسى والعصبى والعلوم السلوكية والاجتماعية نشرت فى المجالات العالمية والمحلية – كما اشرف على خمسة وثمانون رسالة دكتوراه – وعلى مائة وسبعة واربعين رسالة ماجستير فى الطب والاداب
- الزمانة والدكتوراه الفخرية من عدة جامعات وجمعيات عالمية منها جامعة لوزان بسويسرا – ادنبرة باسكتلندا – ولودفج مكسيميليان بألمانيا
- عضوا من العلماء وذوى الخبرة بمجلس أكاديمية البحث العلمى والتكنولوجيا
- عضو المجلس التنفيذى لصندوق تنمية العلوم والتكنولوجيا
- الجائزة التقديرية الرئاسية من الجمعية الأمريكية للطب النفسى سنة ٢٠٠٦
- الجائز من أكاديمية البحث العلمى على
- جائزة الابداع الطبى لسنة ٢٠٠٠
- جائزة الدولة التقديرية فى العلوم الطبية لسنة ٢٠٠٧
- جائزة النيل (مبارك) فى العلوم الطبية لسنة ٢٠١٠
- وسام العلوم والفنون من الطبقة الاولى لسنة ٢٠١٣
- عضو المجلس الرئاسى الاستشارى لكبار علماء وخبراء مصر التابع لرئيس الجمهورية
- مستشار الرئيس للصحة النفسية والتوافق المجتمعى

## Guest of the Conference



### الأستاذ الدكتور ممتاز عبدالوهاب

رئيس الجمعية المصرية للطب النفسي  
رئيس اتحاد الأطباء النفسيين العرب  
رئيس المجلس الإقليمي للصحة النفسية

## Scientific Committee:

Col. Dr. Ehab El Baz  
Leut. Col. Dr. Ahmed El-Sherbiny  
Leut. Col. Dr. Yasser El-Ghezawy  
Leut. Col. Dr. Ibrahim Abdallah  
Leut. Col. Dr. Mahmoud El-Beklawy  
Maj. Mohamed El-Tohamy



لواء طبيب حسني عبد الله  
سكرتير عام المؤتمر

## Organizing Committee:

Brig. Gen. Dr. Mohamed Diab  
Brig. Gen. Dr. Sameh Abdel Aty  
Col. Dr. Ayman El-Wakil  
Col. Dr. Ehab Salah Amin  
Leut. Col. Mohamed Abo Halawa

## Advisory board:

Abdel Naser Omar  
Abdel Hamid Hassan  
Afaf Hamed  
Ahmed Abdel Latif  
Ahmed Dobe  
Ahmed Moubtrak  
Ahmed Saad  
Amany Haroun  
Ayman Salama  
Adel Medany  
Ashraf Tantawy

Eman Abo Elela  
Eman Safy  
Ghada Abdel Razek  
Gehan El Nahas  
Hanan El Shenawi  
Hanan Azzam  
Hany Hamid  
Hashim Bahary  
Hala Elboray  
Hisham Ramy  
Hussien Morsy

Lamis El Raeyy  
Magda Fahmy  
Mahmoud Hammoda  
Maha El Sayed  
Mai Eissa  
Mohamed Abdel Fattah  
Mohamed El Gabry  
Mohamed El Mahdi  
Mohamed Ezzat Arafa  
Mohamed Ghanem  
Mohamed El Hamady

Mohamed Ramadan  
Mohamed Refaat Elfeki  
Mohamed Reda  
Menan Abdel Maksoud  
Mona El Rakhawy  
Moustafa Kamel  
Mona Mansour  
Reda Ismail  
Soheir El-Ghoneimy  
Wafaa El-Leithy Hagag

December 2019

25<sup>th</sup>

Hall (A)

WEDNESDAY

08:00 - 09:00

Registration

09:00 - 10:00

Opening Ceremony

10:00 - 11:00

Plenary lecture

Addiction is a brain disease

Prof.Ahmed Okasha

Chairperson:

Maj.Gen.Dr. Maged Bahieldin

Prof.Momtaz Abdel Wahab

Prof.Abdel Nasser Omar

Prof.Mostafe Shahin

Prof.Mennan Abd Elmaksood

Prof.Ashraf Eltantawy

Prof.Mai Issa

Prof.Hala Elboraie

December 2019

25<sup>th</sup>

Hall (A)

WEDNESDAY

**Chairpersons:**

Maj. Gen. Dr. Hussien Morsy  
Prof. Ehsan Fahmy

Prof. Afaf Hamed  
Prof. Victor Samy

Prof. Magda Fahmy  
Prof. Heba Bahieldin

11:00 - 12:30

**Meet the expert (1)**

**Is there a link between cannabis use and psychiatric disorders**

Prof. Magda Fahmy

**Hospital management of drug addiction**

Prof. Ahmed Mubarak

**Biological aspects of addiction**

Prof. Nahla Nagy

12:30 - 13:00

**Break**

December 2019

25<sup>th</sup>

Hall (B)

WEDNESDAY

**Chairpersons:**

Maj. Gen. Dr. Ayman Salama  
Prof. Hala Elboraie

Prof. Taghred Elshafy  
Prof. Heba El-Shahawy

11:00 - 12:30

**Workshop (1)**

**Psychodynamic psychotherapy for addiction**

Prof. Hashem Bahary

12:30 - 13:00

**Break**

# 1<sup>st</sup> Annual Armed Forces Addiction Conference

December 2019

25<sup>th</sup>

Hall (A)

WEDNESDAY

## Chairpersons:

Maj. Gen. Dr. Waheed Mohamed      Prof. Ahmed Mubarak  
Prof. Reda Ismail                      Prof. Shewikar El Bakry

13:00 - 14:30      **Bridge Between Addiction and Suicide**

Maj.Gen.Dr. Maged Bahieldeen

**Horizon of addictive behaviors**

Maj. Gen.Dr. Hosny Abdallah

**New technology in management and support of addiction patients**

Brig. Gen. Mohamed Diab

December 2019

25<sup>th</sup>

Hall (B)

WEDNESDAY

## Chairpersons:

Maj. Gen.Dr. Mohamed Al-Gabry      Prof. Eman Safy  
Prof. Mai Eissa                              Prof. Faten Konswa

13:00 - 14:30      **Consequences of substance abuse in Egypt**

Prof. Medhat Bassiony

**Adolescent substance abuse**

Prof. Yasser Raya

**Substance abuse in adult**

Dr. Usama Youssef

**Substance abuse among university students**

Dr. Ghada Salah El-Deen

December 2019

25<sup>th</sup>

Hall (A)

WEDNESDAY

**Chairpersons:**

Brig. Gen. Dr. Ashraf Hanafy

Prof. Yasser Abd El Razek

Prof. Aly Ismail

Dr. Manal Elattar

14:30 - 16:00

**Sharing experience**

Ten years of experience of female with addiction problem in rehabilitation center

Prof. Samir Abo Elmagd

Essential elements for development of relapse prevention plan

Dr. Raghda Elgameel

Integrating psychotherapy with the twelve steps in treatment of SUD

Col. Dr. Ehab Elbaz

December 2019

25<sup>th</sup>

Hall (B)

WEDNESDAY

**Chairpersons:**

Brig. Gen. Dr. Mohamed Diab

Prof. Mohamed Elhammady

Prof. Magda Fahmy

Dr. Rania Zakaria

Prof. Hisham Ramy

14:30 - 16:00

**Workshop (3)**

Behavioral Addiction

Prof. Gehan Elnahas

Prof. Mahmoud Elhabiby

Ass. Prof. Hussein Elkholy



December 2019

25<sup>th</sup>

Hall (A)

WEDNESDAY

**Chairpersons:**

Maj. Gen. Dr. Maged Bahieldin

Prof. Mohamed El Mahdi

Maj. Gen. Dr. Hosny Abdallah

Prof. Mohamed El Hadidy

Prof. Mennan Abd Elmaksood

16:00 - 17:00 الخط الساخن لعلاج الادمان و التعاطى فى عام ٢٠١٩ ( ندوة )

د. عمرو عثمان

مساعد وزير التضامن الإجتماعي

17:30 - 18:00 Lunch

December 2019

26<sup>th</sup>

Hall (A)

THURSDAY

**Chairpersons:**

Maj. Gen. Dr. Maged Bahieldin

Prof. Sohier Elghoniemy

Prof. Maha Al Sayed

Prof. Walaa Sabry

09:00 - 10:00

**Psychosocial aspect of addiction in adolescent**

Prof. Reda Ismael

الإرشاد و العلاج النفسي لمرضي الإدمان بين النظرية والتطبيق

Prof. Khalid Elfakharany

December 2019

26<sup>th</sup>

Hall (B)

THURSDAY

**Chairpersons:**

Maj. Gen. Dr. Mohamed Reda

Prof. Mona Elbalshy

Brig. Gamal Ferweez

Dr. Alaa Farghaly

Col. Ayman Elwakil

09:00 - 10:00

**Workshop (4)**

**CBT of addiction**

Dr. Hassan Sonbol

December 2019

26<sup>th</sup>

Hall (A)

THURSDAY

Co-occurring disorders

العلاقة المعقدة بين تعاطي الحشيش والأعراض الذهنية  
لواء طبيب/ وحيد محمد

**Chairpersons:**

Maj.Gen. Dr. Hosny Abdallah

Prof.Amany Haroun

Prof.Magda Fahmy

10:00 - 11:30

**Concurrent disorders**

Prof. Ashraf Eltantawy

**Dilemmas in the diagnosis and management of dual diagnosis patients**

Prof. Amany Haroun Elrasheed

December 2019

26<sup>th</sup>

Hall (B)

THURSDAY

**Chairpersons:**

Maj.Gen. Ayman Salam

Prof. Hashem Behary

Brig. Gen. Dr. Sameh Abdelaty

Prof. Wafaa Hagag

10:00 - 11:30

**Workshop (5)**

المخدرات الحديثة فيروسات العقل  
أ.د. محمد المهدي

# 1<sup>st</sup> Annual Armed Forces Addiction Conference

December 2019

26<sup>th</sup>

Hall (A)

THURSDAY

## Chairpersons:

Prof. Ahmed Saad

Prof. Mohamed Elhammady

Brig. Gen. Dr. Ashraf Hanafy

Prof. Reda Ismail

- 11:30 - 13:00 **Meet the expert (2)**  
**Introduction to addiction**  
Prof. Mohamed Ghanem  
**Video game addiction debate**  
Prof. Wafaa Haggag  
**Parenting styles and adolescent addiction**  
Prof. Hala Elboraei

13:00 - 13:30 **Break**

December 2019

26<sup>th</sup>

Hall (B)

THURSDAY

## Chairpersons:

Maj.Gen. Dr. Waheed Mohamed

Prof. Salwa Tobar

Prof. Ehsan Mahmoud

- 11:30 - 13:00 **Updates**  
**Addictive personality, revisited**  
Prof. Salwa Tobar  
**Internet Addict Disorder**  
Dr. Alaa Fargha  
**Relationship Addiction**  
Prof. Warda Fathy

13:00 - 13:30 **Break**

December 2019

26<sup>th</sup>

Hall (A)

THURSDAY

13:30 - 15:00 Meet the expert (3)

**Chairpersons:**

Brig. Gen. Dr. Ahmed Fahmy

Prof. Mai Eissa

Prof. Mohamed Ghanem

Prof. Nermeen Shaker

**Nomophobia: new psychopathology for the 21st century**

Prof. Mai Eissa

**Long term potentiation in relation to addiction**

Prof. Hisham Ramy

**Stigma and self-stigma in addiction**

Prof. Soheir Elghonemy

December 2019

26<sup>th</sup>

Hall (B)

THURSDAY

13:30 - 15:00 Reviews and overviews

**Chairpersons:**

Brig. Col. Dr. Ahmed Ali

Prof. Noha Sabry

Prof. Nasser Louza

Prof. Mohamed Ramadan

**Cognitive behavior therapy in the prevention of addiction**

Prof. Reham Ali

**Types of treatment programs in addiction management**

Dr. Naser Zahran

**Internet Addiction**

Dr. Shimaa Arafa

December 2019

26<sup>th</sup>

Hall (A)

THURSDAY

**Chairpersons:**

Col. Dr. Mohamed Elsayed

Prof. Mohamed Elhadidy

Prof. Abdel Hady Eissa

Prof. Ali Ismail

Prof. Ghada El Khouly

15:00 - 16:30

**Biological perspectives Heart rate variability in addiction**

Prof. Ghada Elkholy

**Untold facts about neurobiology of addiction**

Prof. Mohamed Elhadidy

**Epigenetics of addiction**

Maj. Dr. Mohamed Eltohamy

December 2019

26<sup>th</sup>

Hall (B)

THURSDAY

**Chairpersons:**

Col. Dr. Ehab Elbaz

Prof. Raghda Elshafy

Prof. Ehsan Mahmoud

15:00 - 16:30

**Gender Responsive:  
services for female addict.**

Prof. Noha Sabry

**Motivation We did it so you can**

Prof. Shewika El Bakry

**Addiction for adolescence in secondary school.**

Prof. Eman Gaber

December 2019

26<sup>th</sup>

Hall (A)

THURSDAY

**Chairpersons:**

Maj.Gen. Dr. Aboelhamaid Hassan

Prof. Mohamed Elmahdy

Brig. Gen. Dr. Gamal Abdo

16:30 - 17:30 ( ندوة )  
سلابيات الممارسة العملية لعلاج الادمان فى مصر ( ندوة )  
لواء طبيب / محمد رضا عبد الرؤوف

17:30 - 18:00 Lunch

# Haloperidol

Haloperidol 5 mg/ml

Haloperidol Decanoate 50 mg/ml

For all phases of psychoses<sup>7,8</sup>



*For Healthcare Professionals Only*



Start with

**Haloperidol**  
1 ml/ampoule  
5 mg/ml LM



1 amp 5mg IM

For Patients With... ● First psychotic episode<sup>1</sup> ● Mania<sup>2,8</sup>  
● Delirium tremens<sup>3</sup> ● Relapse<sup>4,8</sup>

**Dosage can be titrated according to the symptoms**

Dose can be repeated every 4-8 hours (when needed, repeat every One hour in severe cases)  
(The maximum daily dose is 60-100 mg)  
Within 48-72 hours, control of target symptoms will be achieved & the patient will be cooperative<sup>1</sup>

**Onset of action within 20 minutes**<sup>5,9</sup>

Fast and Potent ● excitement ● agitation  
● aggression ● hostility

stabilize with

**Haloperidol Retard**  
Haloperidol Decanoate 50mg/ml



1 amp 50 mg deep IM

maintain with

**Haloperidol Retard**  
Haloperidol Decanoate 50mg/ml

2 amp 50 mg deep IM  
every 4 weeks  
(if necessary, increasing by 50mg increments up to 300mg every 4 weeks)  
(maximum 3 amp. per dose)<sup>6</sup>

**The drug of choice for maintenance treatment of schizophrenic patients<sup>9</sup>**

**References:**

1. MICROMEDEX<sup>®</sup> Healthcare Series - Document, DRUGDEX<sup>®</sup> Evaluations, HALOPERIDOL, <http://www.thomsonhc.com/hc/librarian/PDFDefaultActionId/p/PinPrintReady>. 2. Haloperidol (Haloperidol 5mg/1ml solution for injection ampoules), NHS. <http://www.nhs.uk/medicine-guides/papers/MedicineOverview.aspx?condition=Aggression,RestlessnessandAgitation&medicine=haloperidol&preparation=Haloperidol5mg/1mlsolutionforinjectionampoules>. 3. Christine M. Ruby et al. Delirium In The Elderly. *PSYAP-VII GERIATRICS*. 4. John M. Kane et al. A Multidose Study of Haloperidol Decanoate in the Maintenance Treatment of Schizophrenia. *Am J Psychiatry* 2002; 159:554-560. 5. Adapted from Pereira et al., 2004, 'Management of Acute Disturbance' (in press), *Journal of Psychiatric Intensive Care*, September 2004). 6. David Taylor. Establishing a dose-response relationship for haloperidol decanoate. *Psychiatric Bulletin* (2005), 29, 104-107. 7. Bonga Chhin, MB ChB, FCPSych et al. First-episode psychosis: An update. Volume 14 No. 1 March 2008 - SAJP. 8. Eduard Vieta et al. Acute and long-term treatment of mania. *Dialogues Clin Neurosci*, 2008;10:165-179. 9. NICE guideline - Violence: SPC chart for rapid tranquillisation, Issue date: February 2005.

Haloperidol 5mg/ml Injection This drug is not indicated in the treatment of dementia-related psychosis. Its use is associated with increased risk of mortality in elderly patients treated for dementia-related psychosis. **Contraindications:** Absolute contraindications include: severe hepatic impairment, acute alcoholism, and acute narrow-angle glaucoma. **Warnings:** (1) **Central Nervous System Depression:** Patients receiving haloperidol should be monitored for signs of excessive sedation, hypotension, respiratory depression, and respiratory arrest. (2) **QT Interval Prolongation:** Haloperidol may prolong the QT interval, which may increase the risk of developing QT-related arrhythmias, including torsades de pointes. (3) **Extrapyramidal Symptoms (EPS):** EPS, such as parkinsonism, acute dystonia, tardive dyskinesia, and neuroleptic malignant syndrome (NMS), are common in patients receiving haloperidol. (4) **Neuroleptic Malignant Syndrome (NMS):** NMS is a life-threatening condition that may occur in patients receiving haloperidol. (5) **Autism Spectrum Disorder (ASD):** There is evidence that haloperidol may be used in the treatment of ASD in patients with severe irritability. (6) **Seizures:** Haloperidol may lower the seizure threshold. (7) **Cardiovascular Effects:** Haloperidol may cause hypotension, which may be exacerbated by concurrent use of antihypertensive drugs. (8) **Other:** Haloperidol may cause dry mouth, constipation, and blurred vision. (9) **Drug Interactions:** Haloperidol may interact with other drugs, including alcohol, sedatives, and antidepressants. (10) **Pregnancy and Lactation:** Haloperidol should be used with caution in pregnant and lactating women. (11) **Side Effects:** Common side effects include drowsiness, dizziness, and dry mouth. (12) **Overdose:** Haloperidol overdose may cause severe hypotension, respiratory depression, and cardiac arrest. (13) **Storage:** Haloperidol should be stored at room temperature. (14) **Manufacture:** Haloperidol is manufactured by H.S.C. (15) **Other:** Haloperidol is a Schedule 2 drug under the Misuse of Drugs Act 1984.

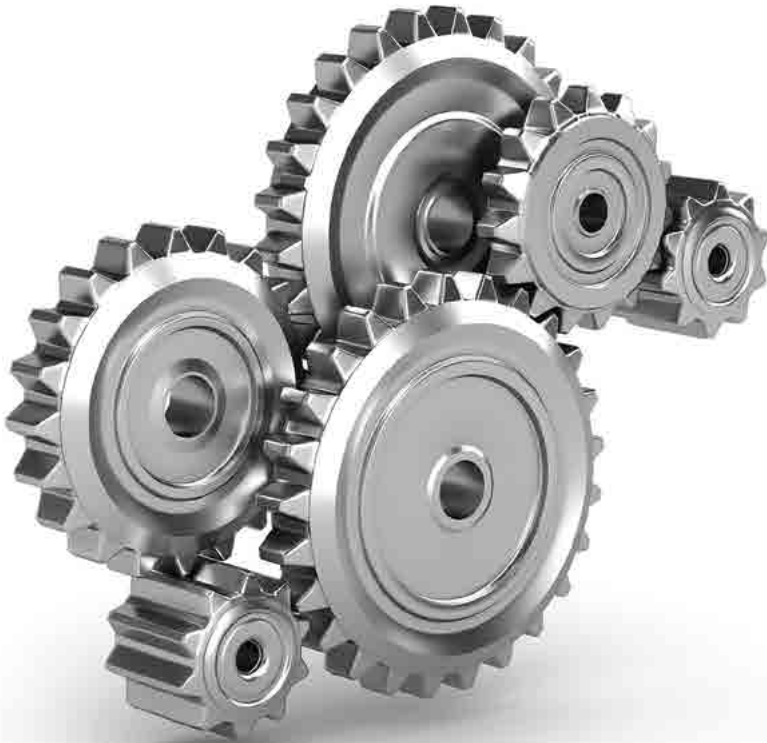
**Contraindications:** Absolute contraindications include: severe hepatic impairment, acute alcoholism, and acute narrow-angle glaucoma. **Warnings:** (1) **Central Nervous System Depression:** Patients receiving haloperidol should be monitored for signs of excessive sedation, hypotension, respiratory depression, and respiratory arrest. (2) **QT Interval Prolongation:** Haloperidol may prolong the QT interval, which may increase the risk of developing QT-related arrhythmias, including torsades de pointes. (3) **Extrapyramidal Symptoms (EPS):** EPS, such as parkinsonism, acute dystonia, tardive dyskinesia, and neuroleptic malignant syndrome (NMS), are common in patients receiving haloperidol. (4) **Neuroleptic Malignant Syndrome (NMS):** NMS is a life-threatening condition that may occur in patients receiving haloperidol. (5) **Autism Spectrum Disorder (ASD):** There is evidence that haloperidol may be used in the treatment of ASD in patients with severe irritability. (6) **Seizures:** Haloperidol may lower the seizure threshold. (7) **Cardiovascular Effects:** Haloperidol may cause hypotension, which may be exacerbated by concurrent use of antihypertensive drugs. (8) **Other:** Haloperidol may cause dry mouth, constipation, and blurred vision. (9) **Drug Interactions:** Haloperidol may interact with other drugs, including alcohol, sedatives, and antidepressants. (10) **Pregnancy and Lactation:** Haloperidol should be used with caution in pregnant and lactating women. (11) **Side Effects:** Common side effects include drowsiness, dizziness, and dry mouth. (12) **Overdose:** Haloperidol overdose may cause severe hypotension, respiratory depression, and cardiac arrest. (13) **Storage:** Haloperidol should be stored at room temperature. (14) **Manufacture:** Haloperidol is manufactured by H.S.C. (15) **Other:** Haloperidol is a Schedule 2 drug under the Misuse of Drugs Act 1984.

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**H.S.C.**  
HIGH QUALITY DRUGS  
QUALITY OF HEALTHCARE

**Marsyl**

IN  
TEAMWORK,  
WE BELIEVE



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