



A New Vision of Psychiatric Practice in Egypt

Under patronage of Colonel General

Sedki Sobhi

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The Armed forces, the minister of defense
and military production

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Congress President

Maj.Gen. Dr. Mohammed Reda El-Feki

Secretary General of the Congress

Bri. Dr. Khaled Sabry Al Attar

8th -10th April, 2015 Armed Forces Medical Complex - Kobry El-Qobba

Welcome Message



A new vision of psychiatric practice in Egypt

Major General Doctor. Mohamed Reda El-Feki
Head of Psychiatry Department of the Armed Forces

Recently, advances in psychiatry and psychiatric practice is reshaping the perception of this important part of the human medical science, fruitfully impressing the whole Egyptian culture including the medical field for the best of the ongoing mental health implementations in our country.

This conference is aiming to highlight important points in the way.

You are all welcomed.

Major General Doctor. Mohamed Reda El-Feki

A handwritten signature in blue ink, consisting of a large, stylized loop followed by a vertical line that tapers to a point.

President of the conference

▶ The conference's guest
Prof. Dr. Ahmed Okasha

▶ Scientific Committee

All Names Arranged Alphabetically

Abeer Mahmoud
Dina Ibrahim
Ebrahim AbdAllah
Ehab El Baz
Hosny Awadallah

Maged Bahi El Din
Mohammed Al Tohamy
Neven Zaki
Nivret Zaki
Soheir El Ghonemy

▶ Advisory Board

All Names Arranged Alphabetically

Abd El Naser Omar
Afaf Hamed
Ahmed Abd Al latif
Ahmed Dobeia
Ahmed Saad
Amani Haroun
Hanan Al Shenawi
Hany Hamid
Hashim Bahary
Hisham Ramy
Huda Salama
Hussain Morsi
Lamis El Raeyy
Magda Fahmy
Mahmoud Hammouda
Mai Eissa
Mohammed Al Gabry
Mohammed El Mahdi
Mohammed Ezzat Arafa
Mohamed Ghanem

Mohamed El Hamady
Mohamed Ramadan
Mohamed Refat El-Feki
Momtaz Abdel Wahab
Moustafa Kamel
Mustafa Omar Shahin
Naser Al Maghribi
Riham Abd El Samie
Safiaa Effat
Said Abd El Azim
Salah Al kotby
Tarek Asaad
Tarek Molokhia
Tarek Okasha
Victor Samy
Wafaa El Bahaey
Waheed Mohamed Ahmed
Yehia Al Rakhawy
Yousry Abd El Mohsen
Zainab Bishry



▶ Organizing Committee

All Names Arranged Alphabetically

Ashraf Hanafy
Ehab Salah
Mahmoud El Baqlawi
Mohammed Diab
Mostafa Ali Shahan

Nihad Ahmed
Sameh Al Dogawi
Sherif Samy
Yasser El Ghezawy

8th

APRIL 2015
WEDNESDAY

Hall A

09:00 - 10:00

Registration



Hall A

10:00 - 11:00

Opening Ceremony



Qura'an Kareem

Maj. Gen. Abd El-Mordy Abd El-Salam

Head of Egyptian Armed Forces logistics Authority

Maj. Gen. Dr. Mostafa Abo Hatab

Director of Armed Forces Medical Services
Conference Honorary President

Maj. Gen. Dr. Mohammed Reda El-Feki

Conference President

8th

APRIL 2015
WEDNESDAY

Hall A

11:00 - 12:00

Plenary Session



Chairpersons:

Maj. Gen. Dr. Mohamed Reda El-Feki
Brig. Gen. Dr. Khaled Sabry
Prof. Yousry Abdel Mohsen
Prof. Hisham Ramy

خطوات لتنمية الأخلاق و الصحة النفسية فى مصر
أ.د أحمد عكاشة



Coffee Break 12:00 - 12:30

8th

APRIL 2015
WEDNESDAY

Hall A

Symposium 1

12:30 - 13:00



Chairpersons:

Brig. Gen. Dr. Khaled Sabry
Maj. Gen. Dr. Naser El Maghraby
Prof. Nahla Nagy

SANOFI 

Prof. Afaf Hamed Khalil

8th

APRIL 2015
WEDNESDAY

Hall A

Symposium 2

13:00 - 13:30



Chairpersons:

Brig. Gen. Dr. Khaled Sabry
Prof. Tarek Okasha
Prof. Mohamed Nasr Eldin



Prof. Tarek Asaad

8th

APRIL 2015
WEDNESDAY

Hall B

Addiction

12:30 - 13:30



Chairpersons:

Prof. Mohamed El Hamady
Brig. Gen. Hosny Awadallah
Dr. Mohamed Taha

Comparison between food addiction and drug addiction

Colonel. Dr. Mohamed Diab

Male sexual dysfunction and substance related disorders

Dr. Mohamed Sakr

Sleep and sleep disorders in substance abuse

Dr. Nevin Zaki

8th

APRIL 2015
WEDNESDAY

Hall C

12:30 - 13:30

Liaison psychiatry



Chairpersons:

Maj. Gen. Dr. Mohamed Reda El-Feki

Brig. Gen. Dr. Ashraf Hanafy

Prof. Samir Abo El Magd

Depression in cancer patients

Maj. Gen. Dr. Hussein Morsy

Heart and brain

Prof. Mohamed El Mahdy

Sexual medicine

(psychiatrist perspective)

Prof. Mona Reda

8th

APRIL 2015
WEDNESDAY

Hall A

13:30 - 14:00

Meet the expert 1



Chairpersons:

Maj. Gen. Dr. Mohamed El Gabry
Prof. Tarek Asaad

صرخة استغاثة

لواء ط / محمد رضا الفقي

8th

APRIL 2015
WEDNESDAY

Hall B

13:30 - 14:00

Meet the expert 2



Chairpersons:

Brig. Gen. Dr. Maged Bahi El Din
Prof. Yousry Abdel Mohsen

السحر و المس و العمل و الحسد
أ.د. / محمود حمودة

8th

APRIL 2015
WEDNESDAY

Hall C

Meet the expert 3

13:30 - 14:00



Chairpersons:

Brig. Gen. Dr. Ashraf Hanafy
Prof. Mohamed El Mahdy

Evidence based psychotherapies in substance use disorders
[Prof. Amany Haroon El Rasheed](#)

8th

APRIL 2015
WEDNESDAY

Hall A

Genetics

14:00 - 15:00



Chairpersons:

Prof. Mohamed Refaat

Prof. Sanaa Ahmed

Brig. Gen. Dr. Hosny Awdallah

Epigenetics of schizophrenia

[Prof. Wafaa El Bahaey](#)

Psychiatric manifestations of some genetic disorders

[Prof. Salwa Tobar](#)

Epigenetics of antipsychotic drugs

[Prof. Mai Eissa](#)

8th

APRIL 2015
WEDNESDAY

Hall B

14:00 - 15:00

Psychopharmacology



Chairpersons:

Maj. Gen. Dr. Mohamed Reda El-Feki

Prof. Victor Samy

Prof. Tamer Goweili

Pharmacotherapy of OCD

[Prof. Afaf Hamed](#)

Psychopharmacology of atypical antipsychotic drugs

[Prof. Tarek Asaad](#)

Mess in prescribing antipsychotics

[Dr. Dina El Gabry](#)

8th

APRIL 2015
WEDNESDAY

Hall C

14:00 - 15:00

Military psychology



Chairpersons:

Maj. Gen. Dr. Hussein Morsy
Prof. Mahmoud Hamouda
Prof. Magda Fahmy

الحرب النفسية

أ. د/محمد غانم

دور و أهمية العمليات النفسية فى القوات المسلحة

عميد /علاء مختار

8th

APRIL 2015
WEDNESDAY

Hall A

15:00 - 16:00

Child psychiatry



Chairpersons:

Maj. Gen. Dr. Ahmed Younis

Prof. Afaf Hamed

Prof. Ehab Ramadan

Aspergers symptoms in different situations across the life span

Prof. Mohamed Nasr Eldin

Management of autism

Prof. Mohamed Abdel Hay

Anger management in different psychiatric disorders

Dr. Marwa El Meseiry

8th

APRIL 2015
WEDNESDAY

Hall B

Anxiety

15:00 - 16:00



Chairpersons:

Prof. Mahmoud Hamouda

Prof. Wafaa El Bahaey

Prof. Amany Haroon

Biological and imaging studies in OCD adolescents and their relatives

Prof. Nahla Nagy

Burden of panic disorder

Prof. Tarek Okasha

Updates in PTSD

Maj. Gen. Dr. Mohamed El Gabry

8th

APRIL 2015
WEDNESDAY

Hall C

Mood disorders

15:00 - 16:00



Chairpersons:

Prof. Tarek Asaad

Prof. Salwa Tobar

Brig. Gen. Dr. Ashraf Hanafy

Schizoaffective comorbidity

Prof. Yousry Abdel Mohsen

Understanding the overlap between pain and mood disorders

Dr. Eman El Sheshtawy

Role of traditional healers in the pathway to care of patients with bipolar disorder in Egypt

Dr. Dina Ibrahim

8th

APRIL 2015
WEDNESDAY

Hall A

16:00 - 17:00

ندوة



النفس ما بين العقيدة و الابداع



Lunch :

17:00

9th

APRIL 2015
THURSDAY

Hall A

Forensic psychiatry

09:00 - 10:00



Chairpersons:

Maj. Gen. Dr. Abo El Hamayed Hassan Abo El Hamayed

Prof. Mohamed Ezzat

Prof. Aref Khwailed

Prof. Mostafa Shaheen

Prof. Hisham Ramy

9th

APRIL 2015
THURSDAY

Hall B

Military psychiatry

09:00 - 10:00



Chairpersons:

Maj. Gen. Dr. Mohamed Reda El-Feki

Maj. Gen. Dr. Hussein Morsy

Maj. Gen. Dr. Mohamed El Gabry

Aviation psychiatry

Brig. Gen. Dr. Maged Bahi El Din

How can military training benefit from neuroscience

Dr. Ahmed Dobe

Military service related conditions and interventions

Prof. Said Abdel Azim

9th

APRIL 2015
THURSDAY

Hall C

Depression

09:00 - 10:00



Chairpersons:

Prof. Lamis El Raay

Brig. Gen. Dr. Ashraf Hanafy

Prof. Mohamed El Mahdy

Depression among Egyptian adolescents

[Prof. Zienab Bishry](#)

Gender Differences in Depression:

focus on premenstrual, perimenopausal and menopausal depression

[Prof. Magda Fahmy](#)

Grief: when depression may not be depression

[Prof. Mohamed Refaat El Fiky](#)

9th

APRIL 2015
THURSDAY

Hall A

Symposium 1

10:00 - 10:30



Chairpersons:

Prof. Hany Hamid

Prof. Mai Eissa

Brig. Gen.Dr. Khaled Sabry



Prof. Hanan El Shinnawy

9th

APRIL 2015
THURSDAY

Hall A

Symposium 2

10:30 - 11:00



Chairpersons:

Prof. Magda Fahmy

Prof. Mostafa Shaheen

Prof. Abdel Naser Omar



Brig. Gen. Dr. Khaled Sabry

9th

APRIL 2015
THURSDAY

Hall B

10:00 - 11:00

Revaluation and mental health



Chairpersons:

Maj. Gen. Dr. Mohamed Reda El-Feki

Maj. Gen. Dr. Naser El Maghraby

Brig. Gen. Dr. Hosny Awadallah

Psychiatric morbidity after Arab spring revolutions

[Prof. Mostafa Kamel](#)

Psychological changes in youth after revolution

[Prof. Lamis El Raay](#)

9th

APRIL 2015
THURSDAY

Hall C

Clinical psychology

10:00 - 11:00



Chairpersons:

Brig. Gen. Dr. Maged Bahi El Din

Brig. Gen. Alaa Mokhtar

Prof. Abeer Mahmoud

Satanism

Lieutenant Colonel. Nagwa Badr

السلوك العصابى المقاوم للعلاج النفسى

نقيب / ايمان منصور

9th

APRIL 2015
THURSDAY

Hall A

Liaison psychiatry

11:00 - 12:00



Chairpersons:

Prof. Wafaa El Bahaey

Prof. Said Abdel Azim

Maj. Gen. Dr. Mohamed El Gabry

Psychiatric disorders and thyroid dysfunction

Maj. Gen. Dr. El Naser El Maghraby

Neuropsychiatric complications of liver transplantation

Prof. Mohamed Ezzat

Depression in Patients with Cardiovascular disease

Prof. Wafaa Hagag

9th

APRIL 2015
THURSDAY

Hall B

Psychotherapy

11:00 - 12:00



Chairpersons:

Brig. Gen. Dr. Ashraf Hanafy
Prof. Hany Hamid
Prof. Mostafa Shaheen

Dynamic therapy

Prof. Hashem Bahary

Effectiveness of behavioral family program for Egyptian patients with bipolar disorder and their caregivers

Prof. Nivert Zaki

التحليل التفاعلاتى فى العلاج الزوجى

أ.د/محمد رمضان

9th

APRIL 2015
THURSDAY

Hall C

Biological psychiatry

11:00 - 12:00



Chairpersons:

Prof. Mai Eissa

Brig. Gen. Dr. Maged Bahi El Din

Dr. Ahmed Dobeia

Biology of Post-Traumatic Stress Disorder

[Prof. Hany El Desouky](#)

Chronobiology and psychiatry

[Prof. Ehab Ramadan](#)

Development of Cognitive model of depression and its biological base.

[Dr. Mohamed El Hadidy](#)



Coffee Break 12:00 - 12:30

9th

APRIL 2015
THURSDAY

Hall A

Meet the expert 1

12:30 - 13:30



Chairpersons:

Prof. Zienab Bishry

Prof. Mohamed Ezzat

Personality disorders

Prof. Abdel Naser Omar

9th

APRIL 2015
THURSDAY

Hall B

12:30 - 13:30

Meet the expert 2



Chairpersons:

Prof. Magda Fahmy

Prof. Lamis El Raay

Recovery star: validating user recovery

Prof. Ahmed Saad

9th

APRIL 2015
THURSDAY

Hall C

Meet the expert 3

12:30 - 13:30



Chairpersons:

Prof. Mohamed Refaat
Prof. Mohamed Fekry
Prof. Hussein El Sheikh

Women`s mental health
Prof. Hanan El Shinnawy

9th

APRIL 2015
THURSDAY

Hall A

Administration

13:30 - 14:30



Chairpersons:

Maj. Gen. Dr. Mohamed Reda El-Feki

Maj. Gen. Dr. Abo El Hamayed Hassan Abo El Hamayed

Brig. Gen. Dr. Hosny Awadallah

Confidentiality

Brig. Gen. Hanaa Mahmoud

Violence risk assessment

Dr. Eman Sorour

Hospital administration

Brig. Gen. Dr. Haytham El Hadidy

9th

APRIL 2015
THURSDAY

Hall B

Addiction

13:30 - 14:30



Chairpersons:

Dr. Ahmed Dobeia
Prof. Wafaa Hagag

ADHD and addiction

[Prof. Soheir El Ghonemy](#)

Associations between the order of drug use initiation and the development of opioid dependence among Egyptian adults

[Prof. Mohamed El Hamady](#)

Updates on Evidence Based Treatment of Substance Use Disorder

[Dr. Mohamed El Waseify](#)

9th

APRIL 2015
THURSDAY

Hall C

Terrorism

13:30 - 14:30



Chairpersons:

Prof. Said Abdel Azim

Prof. Nivert Zaki

سمات الشخصية و التطرف
عميد / أشرف حنفي

Conversion / dissociation disorders
Brig. Gen. Dr. Hosny Awadallah

Terrorism and mental health
Lieut. Col. Dr. Ehab El Baz

9th

APRIL 2015
THURSDAY

Hall A

14:30 - 16:00

ندوة سياسية



ندوة سياسية

أ. د . مصطفى الفقى

9th

APRIL 2015
THURSDAY

Hall A

16:00 - 17:30

ندوة رياضية



الطب النفسى و دورة فى الممارسة و البطولة

كابتن / حسن شحاته

كابتن / عماد فاروق

كابتن / كريم حسن شحاته



Lunch :

17:30

10th
APRIL 2015
FRIDAY

Hall A

WORKSHOP 1

09:00 - 10:00



العلاج الاسرى الوظيفى
د / دعاء الحريرى

10th

APRIL 2015
FRIDAY

Hall B

WORKSHOP 2

09:00 - 10:00



COGNITIVE THERAPY TRAINING

Dr. Ahmed Haroon

10th
APRIL 2015
FRIDAY

Hall A

10:00 - 11:30

WORKSHOP 3



The Four-step Integrative Model for Group Psychotherapy

Prof. Refaat Mahfouz

Prof. Mohamed Ayman

Dr. Mohamed Taha



Coffee Break 11:30 - 12:00



Friday Pray 12:00 - 13:00

10th

APRIL 2015
FRIDAY

Hall B

WORKSHOP 4

10:00 - 11:30



DEMENTIA

Prof. Abeer Mahmoud

Prof. Doaa Hamed

Prof. Doha El Serafy

Dr. Maissa Eid



Coffee Break 11:30 - 12:00



Friday Pray 12:00 - 13:00

10th
APRIL 2015
FRIDAY

Hall A

WORKSHOP 5

13:00 - 14:30



MARITAL THERAPY

Prof. Mohamed El Mahdy

10th

APRIL 2015
FRIDAY

Hall B

WORKSHOP 6

13:00 -13:45



INTERPERSONAL PSYCHOTHERAPY

Dr. Hanan El Rasas

WE OWE YOU PERFECTION



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