



Egyptian Arthroscopy Association EGAA 2015

ACL Reconstruction: State of the art

EGAA Honorary President
Prof. Ahmed Abdel Aziz

EGAA President
Prof. Adel Hamed

Course Organizer
Prof. Hossam Nagy
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5th - 6th of November 2015
The National Training Institute, Cairo



5th

November 2015
Thursday

Applied basic sciences

- 09:00-09:15 ACL anatomy revisited
09:15-09:30 ACL injuries (mechanism and prophylaxis against injury)
09:30-09:45 Clinical examination focused on ACL deficiency
09:45-10:00 Interpretation of various diagnostic tools (x-ray, CT and MRI)
10:00-10:15 Autogenous grafts for ACL reconstruction (pros and cons)
10:15-10:30 Techniques for graft harvesting and preparation (video demonstration)
10:30-10:45 Phases of ACL graft healing
10:45 : 11:15 **Break**

The technique of ACL reconstruction

- 11:15-11:30 Anatomic single bundle ACL reconstruction (video demonstration)
11:30-11:45 Double bundle ACL reconstruction (video demonstration)
11:45-12:00 Partial ACL injury (diagnosis and management)
12:00-12:15 Is there a place for ACL repair?
12:15-12:30 Acute Vs delayed ACL reconstruction
12:30-12:45 Extra-articular augmentation for reconstructed ACL
12:45-13:15 **SYMPOSIUM (TECHNICAL TIPS AND METHODS OF FIXATION)**
13:15-14:00 **Lunch**

ACL injury in skeletally immature patients

- 14:00-14:15 ACL deficiency in the skeletally immature patient
14:15-14:30 Physal sparing ACL reconstruction technique
14:30-14:45 Arthroscopic technique for tibial spine fracture fixation
14:45-15:00 Rehabilitation post ACL reconstruction (return to sport)
15:00-15:15 Arthrofibrosis post reconstruction: causes and management
15:15-15:30 **Break**

ACL and knee arthritis

- 15:30-15:45 Neglected ACL deficiency (The effect on the knee)
15:45-16:00 Does ACL reconstruction protect the knee from arthritis: the available evidence.
16:15-16:30 ACL reconstruction in patients above 40 years
16:30-16:45 ACL reconstruction in patients with varus deformity

- 17:00 -18:00 **Workshops**

6th

November 2015
Friday

ACL and associated injuries

09:00-09:15	Multiple ligaments injured knee
09:15-09:30	Combined ACL and MCL injuries
09:30-09:45	Combined ACL and LCL injuries
09:45-10:00	Combined ACL and chondral lesion what to do first and post-op protocol
10:00-10:15	Combined ACL and PCL
10:15-10:45	Symposium (early versus delayed reconstruction and technical issues)
10:45-11:00	Break

Causes of failure and how to avoid complications

11:00-11:15	How to improve biology of ACL graft healing
11:15-11:30	Infection post ACL reconstrction
11:30-11:45	VTE prophylaxis is there a standard protocol?
11:45-12:00	Causes of failure in ACL reconstruction
12:00-13:30	Lunch and prayers

ACL revision

13:30-13:45	Pre operative planning in revision ACL (patient selection, investigations)
13:45-14:00	Revision ACL (technique and graft choices)
14:00-14:15	Bone defects in revision ACL (when staged reconstruction is necessary)
14:15-14:30	Outcome of ACL revision surgery (can they go back to sport ?)
14:30-15:00	Symposium (case scenarios)

15:00-16:00	Workshops
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EGGA Executive Board

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Course Structure

Instructional Course Lectures
Symposia
Hand on Workshops

Workshop

ACL reconstruction: Different techniques

General Information

Date : 5th-6th November 2015
Venue : National Training Institute, Nasr City – Cairo

Registration

Registration Fees: 300 L.E.
Workshop is free – Priority for early registration.
For registration please Contact

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