



Egyptian

Arthroscopy

Association

EGAA 2015

ACL reconstruction: state of the art

EGAA Honorary President
Prof. Ahmed Abdel Aziz

EGAA President
Prof. Adel Hamed

Course Organizer
Prof. Hossam Nagy
Ass. Prof. Ayman Ebied

5th - 6th of November 2015
The National Training Institute, Cairo





Welcome Message from The President

Dear colleagues

On behalf of the Egyptian Arthroscopy Association (EGAA), we are pleased to invite you to participate in the ACL reconstruction state of the art. The course will be an excellent opportunity to review and to add update knowledge about ACL reconstruction; including instructive lectures, interactive sessions and practical workshops.

We are looking forward to meet you all and hope you will have a very useful meeting.

Sincerely

Prof. Adel Hamed

A handwritten signature in blue ink that reads "Adel Hamed". The signature is written in a cursive, flowing style.

President of EGAA

EGGA Executive Board

Honorary President : Prof. Ahmed Abd El-Aziz

President : Prof. Adel Hamed

Vice-President : Prof. Roshdy El Sallab

General Secretary : Prof. Hossam El- Shafei

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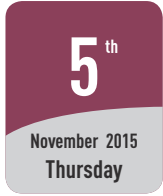
Prof. Ezzat Kamel

Prof. Hesham El Kady

Ass. Prof. Ayman Ebied

Ass. Prof. Mohamed Gamal

Dr. Mohamed Abou El Nour




Registration  08:00 – 09:00

Session 1
Applied basic sciences 09:00 - 10:45

Chairpersons

Adel Hamed
Ahmed Abd El Aziz
Ahmed Abd El Samei

09:00-09:15	ACL anatomy revisited Mohamed Abulnour Mansoura University
09:15-09:30	ACL injuries (mechanism and prophylaxis against injury) Mohamed Gamal Alexandria University
09:30-09:45	Clinical examination focused on ACL deficiency Hossam Nagy Tanta University
09:45-10:15	Interpretation of various diagnostic tools (X-Ray, CT and MRI) Mamdouh Mahfouz Cairo University
10:15-10:45	Autogenous grafts for ACL reconstruction and Techniques for graft harvesting and preparation Ahmed Abd El Aziz Cairo University
10:45- 11:15	 Coffee Break

5th

November 2015
Thursday

Session 2

The technique of ACL reconstruction I



11:15 – 12:45

Chairpersons

Ezzat Kamel

Hossam Nagy

Mohamed Zadah

11:15-11:30

Is there a place for ACL repair?

Ahmed Wageeh

Ministry of Health

11:30-11:45

Acute Vs delayed ACL reconstruction

Nasef M Nasef

Benysweif University

11:45-12:00

Partial ACL injury (diagnosis and management)

Mohamed Abdulhamid

Assiut University

12:00-12:15

Double bundle ACL reconstruction (video demonstration)

Faisal Elshareif

Alazhar University

12:15-12:30

Anatomic single bundle ACL reconstruction (video demonstration)

Ahmed Abd El Aziz

Cairo University

12:30-12:45

Extra-articular augmentation for reconstructed ACL

Ahmed Gad

Cairo University

5th

November 2015
Thursday

SYMPOSIUM (TECHNICAL TIPS AND METHODS OF FIXATION)



12:45 - 13:15

Moderator

Adel Hamed

Panel

Ahmed Abd El Aziz

Ezzat Kamel

Adel Hamed

Hossam Nagy

Hesham Elkady

13:15- 14:15



Lunch

5th

November 2015
Thursday

Session 3

The technique of ACL reconstruction II



14:15 - 15:30

Chairpersons

Mahe Alassal
Hamed Elgohary
Younis Akl

14:15-14:30

ACL reconstruction (press fit technique)
Hazem Farouk [Cairo University](#)

14:30-14:45

Physeal sparing ACL reconstruction technique
Mohamed Sobhy [Ain Shams University](#)

14:45-15:00

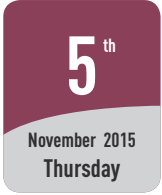
Arthroscopic technique for tibial spine fracture fixation
Younes Akl [Alazhar University](#)

15:00-15:15

Rehabilitation post ACL reconstruction (return to sport)
Mohamed Aly

15:15-15:30

Arthrofibrosis post reconstruction: causes and management
Wael Abdulkarim [Alazhar University](#)



Session 4

ACL and knee arthritis



15:30 - 18:00

Chairpersons

Roshdy Elsalab
Safwat Shalaby
Hesham Elkady

15:30-15:45	Neglected ACL deficiency (The effect on the knee) Ihab Ramadan Mansoura University
15:45-16:00	Does ACL reconstruction protect the knee from arthritis: the available evidence. Ashraf Abdulkafy Suez Canal University
16:00-16:15	ACL reconstruction in patients above 40 years Waleed Reda Cairo University
16:15-16:30	ACL reconstruction in patients with varus deformity Hesham Elkady Assiut University
16:30-18:00	Workshops

6th

November 2015
Friday

Session 1

ACL and associated injuries



09:00 - 10:45

Chairpersons

Hossam Elshafei

Gamal Hosny

Mohamed Gamal

09:00-09:15

Multiple ligaments injured knee

Ahmed Abd El Aziz

Cairo university

09:15-09:30

Combined ACL and MCL injuries

Abdulrahman Elganayny

Mansoura University

09:30-09:45

Combined ACL and LCL injuries

Maged Samy

Ain Shams university

09:45-10:00

Combined ACL and PCL Injuries

Hossam El Shafie

Alexandria University

10:00-10:15

Combined ACL and chondral lesion what to do first and post-op protocol

Moheb Fadel

Tanta University

10:15-10:45

Symposium (Case Scenarios)

Moderator :

Ahmed Abd El Aziz

Panel :

Ahmed Abd El Aziz

Ezzat Kamel

Abd El Aziz El Singergy

Hossam El Shafei

Mohamed Abo El Nour



Session 2

How to avoid complications in ACL reconstruction



10:45 -11:30

Chairpersons

Ahmed Said

Hany Elelsh

Mohamed Elshafei

10:45 -11:00

Biological ACL reconstruction

Ahmed Said

Ain Shams University

11:00-11:15

Intra-operative complications

Mohamed Radwan

Suez Canal University

11:15-11:30

Infection post ACL reconstruction

Mohamed Gouda

Benha University

11:30 - 13:30



Gomaa Prayer Time and Lunch



Session 3

ACL revision



13:30 - 16:00

Chairpersons

Adel Hamed
Ahmed Abd El Aziz
Roushdy Elsalab

13:30-13:45	Causes of failure in ACL reconstruction Akram Dawody Alexandria Private Sector
13:45-14:00	Pre operative planning in revision ACL (patient selection, investigations) Maher Alassal Assiut University
14:00-14:15	Revision ACL (technique and graft choices) Roushdy Elsalab Mansoura University
14:15-14:30	Outcome of ACL surgery (Do they go back to sport?) Amr Rashwan Cairo University
14:30-15:00	Symposium (case scenarios) Moderator : Roushdy Elsalab Panel Maher Alassal Roushdy Elsalab Moheb Fadel Ahmed Said Gamal Hosny
15:00-16:00	Workshops



Notes



WE OWE YOU PERFECTION



Address: 2 El-Gabal El Akhdar Bldg Nasr City - Cairo, Egypt
Tel: +20 (2)23426450 - 23425013 - Fax: 20 (2) 23420344 - 23422549 Mob: +2 0100 1634534
E-Mail: khalid@misr2000online.net - misr_2000@hotmail.com
Website: www.misr2000online.net - www.facebook.com/misr2000



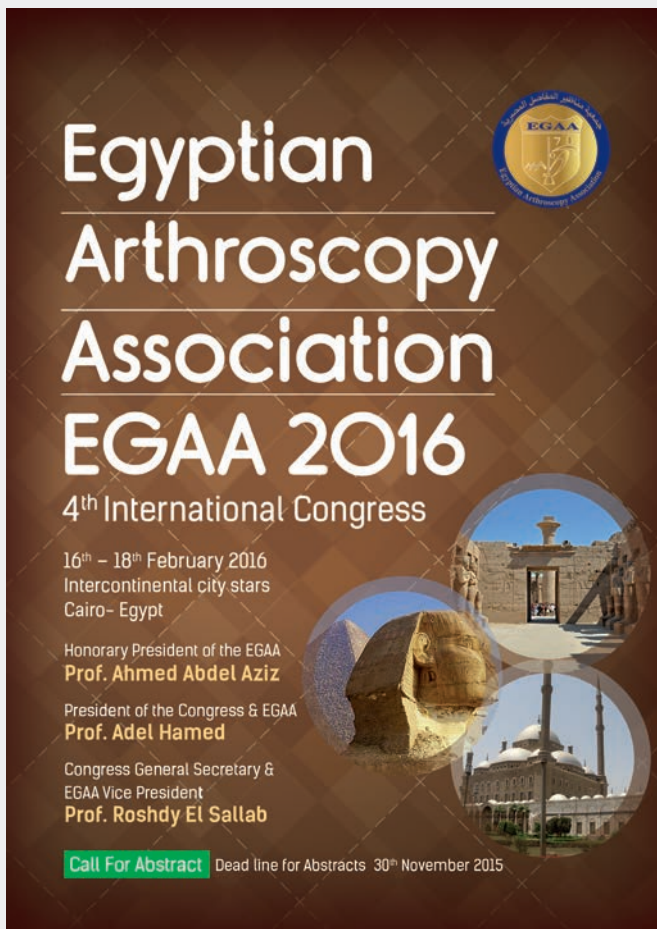
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Save The Date

Egyptian Arthroscopy Association

EGAA 2016

4th International Congress



The poster features a dark brown background with a subtle diamond pattern. At the top right is the EGAA logo, a circular emblem with Arabic text and 'EGAA' in the center. The main title 'Egyptian Arthroscopy Association EGAA 2016' is written in large, white, sans-serif font, with '4th International Congress' below it. Three circular inset images show the Sphinx, a temple entrance, and a mosque. At the bottom left, a green box contains the text 'Call For Abstract'.

**Egyptian
Arthroscopy
Association
EGAA 2016**
4th International Congress

16th – 18th February 2016
Intercontinental city stars
Cairo- Egypt

Honorary President of the EGAA
Prof. Ahmed Abdel Aziz

President of the Congress & EGAA
Prof. Adel Hamed

Congress General Secretary &
EGAA Vice President
Prof. Roshdy El Sallab

Call For Abstract Dead line for Abstracts 30th November 2015

16th – 18th February 2016

Intercontinental city stars - Cairo- Egypt