



The Arabic Society of Therapeutic Nutrition
and Complementary Medicine

2ND

International Conference of the Arab Society of Therapeutic Nutrition and Complementary Medicine

Under Patronage of

- National Research Center
- Academy of Scientific Research and
Technology
- Military Medical Academy

ASTN.CM

Integrated Approach to Obesity
Management and Aesthetic Medicine

23rd-24th March 2016

Conrad Cairo Hotel





Welcome Message

Dear Colleagues,

We are delighted to invite you to participate in the 2nd International Conference of The Arab Society of Therapeutic Nutrition and Complementary Medicine (ASTN.CM) that will be held during 23rd & 24th of March 2016 in Cairo, Egypt, with the theme “Integrated Approach to Obesity Management and Aesthetic Medicine – from Science to Clinical Practice”.

Today, Obesity is becoming a serious social problem all over the world. The conference will provide an opportunity for students, healthcare professionals and scientists to exchange ideas on obesity research, prevention and management and to make new friends and networks.

Distinguished international and native leading experts will be invited to present their original scientific works, and clinical practices. The meeting will provide a great opportunity to learn and interact with those scientists and healthcare professionals who are at the forefront of research in the fields of obesity and aesthetic medicine.

We have planned a series of plenary lectures, symposiums, panel discussions, case study and workshops to explore the multidisciplinary care of our patients and inter-professional learning.

We hope you will enjoy the meeting and that your interaction with your colleagues from the global community will stimulate a creative exchange of ideas or future collaborations.

We welcome you to an inspiring, educational and enjoyable program.

Prof. Maha Saber El Bardesi

Maha Saber El Bardesi

Head of Complementary Medicine Department
National Research Center



Conference President

Prof. Maha Saber El Bardesi

Head of Complementary Medicine Department
National Research Center

Conference Vice President

Prof. Maged Al Shiekh

Head of Dermatology and Veneriology Department
Al-Galaa Military Medical Complex

Secretary General

Prof. Hanan Said Ez-elarab

Professor of Public health & Preventive Medicine
Ain Shams University

Scientific Committee Chairperson

Prof. Eitedal Daoud

Professor in Complementary Medicine Department
National Research Center



Obesity Workshops

- Needle and Laser Acupuncture	350 L.E.
- Reshaping & lipolysis with Mesotherapy	350 L.E.

Aesthetic medicine Workshops

- Threading	500 L.E.
- Mesotherapy - Botox - Filler - Laser (fractional.. Nd yag .. alexandrite) - Needling (dermapen , dermaroller) - PRP - Peeling - Micro dermabrasion	500 L.E.

Registration Fees 350 L.E

For reservation and information

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